



"How do you KEEP IT FRESH?"

There is an overwhelming amount of pressure placed on teens to be a part of the crowd that consumes alcohol and other drugs. We want to know how you maintain a lifestyle free from alcohol and other drugs. We want to know "How do you KEEP IT FRESH?"

Submit original music or poetry that talks about how you carry yourself and what you do to enjoy a life without alcohol and other drugs. It can be about anything: your family, your friends, playing sports, shopping at the mall, your hobbies, making music, your girlfriend or boyfriend, anything that helps you KEEP IT FRESH!

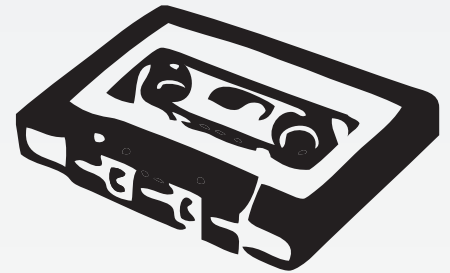
*10 Tracks will be selected for the "Center for Prevention and Counseling Digital Mixtape 2010" and will be made available for download on the Center for Prevention and Counseling website

*Artists whose songs/poems are selected will be asked to perform at the Tree City Open A fundraiser for the Center For Prevention and Counseling (An art, music, and mini golf festival celebrating alcohol awareness on May 1 in Vernon)

*Artists whose songs/poems are selected will receive FREE studio time from ROCK-IT studios to create a high quality recording of their selected work.

CONTEST GUIDELINES:

- All work MUST be original and contain no samples, reproductions, or usages of other copyrighted works.
- Works must be sent in MP3 format, along with the appropriate contact, and release information outlined below and can be emailed to: becky@centerforprevention.org
- Deadline for entries to be received is March 24, 2010
- Questions call Becky or Laura @ 973-383-4787



Release: If selected the artist agrees to allow Center for Prevention and Counseling to place the song/poem on its website and make available for download and donation to the Center for Prevention and Counseling. Artist retains ALL RIGHTS to the song/poem and is only allowing the Center for Prevention and Counseling to use the work for purposes of the fundraiser.

Students Name: _____

Phone: _____ Email: _____

Address/Town/Zip: _____

School: _____ Grade: _____ Teacher: _____

Parent's Signature: _____



"THE TREE CITY OPEN"

A mini golf fundraiser for the Center For Prevention and Counseling
May 1, 2010 @ Tree City Mini Golf - Cobblestone Village - Vernon, NJ