



### Stillwater School's Mannequin Challenge

Stillwater School held their first *Mannequin Challenge* on Friday, February 24<sup>th</sup> led by Ruth Najemian and Jessica Newman. This was a school wide event to promote positive school climate. Every class from preschool through sixth grade participated around the theme of kindness. The teachers and students came up with creative ideas, with costumes and props. Administrators, administration assistants, and custodians joined in the fun. The sixth grade summit students were an integral part of this production. They were placed strategically around the school to let classes know when the filming was heading their way. Music will be added to the finished product and the challenge will be shown to the school during their lunch periods. It can also be

viewed on the [school's website](#). Stillwater School had fun showing our school spirit!!!

In case you are unfamiliar with the *Mannequin Challenge*, it is a viral internet trend where people remain frozen in action like mannequins while a moving camera films them. It is believed that this popular new trend began with students from Jacksonville, Florida in October of 2016. The initial video has inspired works by other groups, including professional athletes and sports teams.



### Kindness Week Celebrations in Andover

In working to maintain the theme of Respect, Long Pond School promoted Kindness Week, a week designated for their students to come together and stand in unity to promote respect, kindness, a sense of belonging, as well as a sense of care and concern for one another. As part of Kindness Week, Long Pond Peer Leaders went to school early on Valentine's Day and prepared hot chocolate and cookies to be shared with the bus drivers, teachers and staff. The Peer Leaders demonstrated their appreciation of the work, commitment and dedication of the bus drivers, teachers and staff by also giving each of them a Valentine's Day card. A special thank you to Jennifer Worley, manager of the 7-Eleven Store in Sparta for donating the cookies and hot chocolate for this special event!

Students and staff at Florence M. Burd Elementary School also celebrated Random Acts of Kindness week. Third grade students shared motivational quotes during the morning announcements to begin each day positively. Students were excited for the newest addition to their school, a new Buddy Bench which was introduced during this week. This bench is located on the playground and students have learned about the meaning behind this special addition to the school. Students learned that if they are looking for a friend, they should sit on the bench to make others aware. Students are encouraged to engage with the student who is sitting alone. The Buddy Bench is designed to eliminate loneliness and foster friendships on the playground. For more information on the Buddy Bench visit <http://buddybench.org/>.



Oversharing: Think Before You Post

# TOP 10 THINGS TO THINK ABOUT BEFORE YOU POST

**#1 Remember the golden rule**

**#2 Don't brag**

**#3 Avoid TMI**

**#4 Think about the reader**

**#5 Keep relationship details to yourself**

**#6 Don't be cryptic**

**#7 Quit complaining**

**#8 Curate your photos**

**#9 Change your settings**

**#10 Post smart**

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