



15th Annual Taking Flight to Change Summit a Huge Success!!

We would like to send a BIG thank you to everyone who participated in our 15th Annual Taking Flight to Change Summit on October 19th! We are thankful and send lots of appreciation to Sussex County Technical School for hosting the Summit!

The energy, enthusiasm and excitement at the event was incredible. The summit's presentations and this year's theme— **Never Underestimate The Power Of One**— let each person know they can help the climate in his or her school and community to be encouraging and accepting by being kind and supportive to others on a daily basis. The program also helped attendees gain the confidence to say something when they see bullying, and realize that standing by as bullying happens is as bad as the bullying itself.

We had over 125 high school leaders who were phenomenal in their assistance and energy. Middle school students and advisors were greeted the morning of the event with amazing excitement. Our keynote speaker Kyle

Scheele knew exactly how to get students inspired to make a change. A HUGE shout out goes to the Camden Sophisticated Sisters, a drill team from Camden, NJ, for joining us and dancing their hearts out on stage. We ended our day with student presentations from Sussex County Technical School, Frankford School, Stillwater School, Sussex County Charter and Lafayette Elementary School.

It is clear that attendees received the message and are motivated to make a difference. We look forward to featuring your follow-up activities in future newsletters! To share your activities with us send a description and pictures to jenn@centerforprevention.org.

Never Underestimate The Power Of One.



Summit Testimonials from High School Mentors:

"I learned to better apply my energy to keep a group engaged."

"I had an opportunity to meet new people and become a good leader."

"I kind of conquered my fear of speaking to younger kids."

"Dear Coalition, This year is unfortunately my last year at the Summit. I'm a senior and I have been attending since I was a 6th grader. I have benefitted tremendously from this Summit and will always be grateful towards the Coalition for putting on such a wonderful event. I've loved every keynote speaker that I've seen- everyone has something different to offer us. Thank you all so much for this life-changing event."- Vernon High School Student



AT THE END OF THE DAY
WHO YOU ARE IS

*totally &
completely*

UP TO

YOU

AWESOME Week of Respect and Red Ribbon Week Updates from Sussex County Schools!

Green Hills School— Students and staff of Green Hills School celebrated Week of Respect with spirit days to help build kindness, new friendships and respect in their community. Spirit days included Pajama Day, Neon Day~ Stand out! Be Yourself!, Hero Day and Hawaiian Day ~ Catch the wave of friendship! Students also decorated the school by writing positive messages on the side walk.



Long Pond School— Long Pond students had an action packed week celebrating Week of Respect in many ways this year. Long Pond students had spirit days including Dress for Success, Let's Team Up Against Bullying and Wear Sneakers to "Stomp" out Bullying. Students also participated in a presentation from Camfel Productions which was presented to promote respect, making positive decisions and kindness for all students in grades 5-8.

Florence M. Burd— Along with Long Pond School students collected new socks for children in hospitals throughout the entire month of October in celebration of "Socktober." Students were asked to bring in new socks sizes infant through teens.



Stillwater School— Stillwater School celebrated Week of Respect with theme days, a great buddy day activity, helping the needy and a rousing all school respect assembly. Students participated in the Tyler Clementi Foundation's Day 1 Challenge by reciting the Upstander Pledge, which included not being a bully, not leaving anyone out, helping others and standing up for what is right.

Byram Intermediate– Students of Byram Intermediate School took the Red Ribbon Week pledge by signing their handprints in support of living a healthy lifestyle!

YOLO– You Only Live Once



Franklin Elementary School– Franklin Elementary School had an action packed week celebrating Red Ribbon Week. Staff members of The Center for Prevention and Counseling were welcomed in to provide education to their students on the dangers of substance use. These interactive presentations gave students the opportunity to use the Fatal Vision Goggles and test their knowledge in a Jeopardy fashion presentation.



Sussex Middle School- Sussex Middle School celebrated Red Ribbon week all week with theme days including a pajama day! Sussex Middle School teachers got involved in celebrating my taking part in decorating their doors.

Kittatinny Regional– Kittatinny was busy this school year providing drug awareness to it's students. It is easy to see that students and staff had a blast at their Red Ribbon event!

