

Students Uniting to Create Positive Change

June
2018

Coalition for Healthy and
Safe Communities
61 Spring Street, Newton, NJ
Phone: 973-383-4787
www.centerforprevention.org
Contact Tina or Jenn

★ BE KIND TO THE WISHERS
WHO HAVEN'T GOT WISHES
BE KIND TO THE FISHERS
WHO HAVEN'T GOT FISHES ★
★ BE KIND TO BEGINNERS
WHO HAVEN'T GOT ENDS ★
BE KIND TO THE STRANGERS
WHO HAVEN'T GOT FRIENDS
BE KIND TO THE WALKERS
WHO HAVEN'T A SHOE ★
BE KIND TO THE TALKERS
WHO HAVEN'T A CLUE
BE KIND TO THE OUTSIDERS
AND INSIDERS TOO ★
BE KIND TO THE KIND
KEPT CONFINED IN THE ZOO
BE KIND IN YOUR MIND
AND IN ALL THAT YOU DO
★ AND YOU'LL FIND
THAT MANKIND
CAN BE KIND TO YOU TOO.



RANDOM ACTS OF KINDNESS SUMMER LIST

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- _ Write thank you letters
- _ Make military care packages
- _ Deliver treats to someone who could use a pick me up
- _ Clean out closets and donate clothes
- _ Gather cans to give to the homeless shelter
- _ Donate sheets, blankets and towels to the humane society for the animals
- _ Pay for the person behind us at a drive thru
- _ Bring books to donate at the library
- _ Find a need at the hospital in oncology and do it
- _ Give popsicles to friends in the neighborhood

Summertime Small Acts of Kindness

While many people participate in summer vacations, summer camps, playing outside and swimming it is important to remember there are ways to spread kindness even in the summer!

- 1- Donate clothes to charity. On a rainy day, go through all your old clothing and toys that the kids have outgrown, and donate them to a local charity (leave a happy note in the pocket). Toys and books are perfect items to donate to your local children's hospital.
- 2- Bake cookies or cake pops with your kids and then go deliver them to a neighbor.
- 3- Have a lemonade stand and donate the proceeds to a charity close to your heart.
- 4- Write thank you cards for your coach, camp counselors or people that have influenced you in a positive way.
- 5- Invite a new friend for a play date or out to play.
- 6- Create a "kindness box." Designate a box in your home and get the kids to decorate it all together. Every time you do a fun summer activity (even simply going to the park), place a non-perishable food in the box. At the end of the month, bring the food to a local shelter or food bank. This will remind your kids to appreciate the fun things you do together as a family, and that not everyone is as fortunate as you are.
- 7- Turn off the water while brushing your teeth. During the really dry summer months, remind your kids about not

“ Kindness is
the opportunity that
we all have every day
to change the world.”

— RAKtivist

Great Job Everyone on a Wonderful Year! Give Yourself a Hand!!!

Check out this great year in review in pictures from throughout Sussex County!

