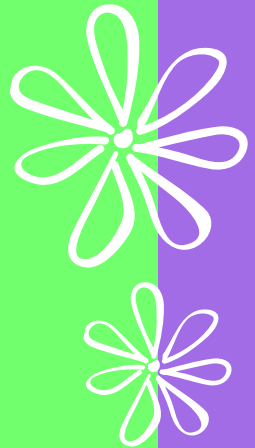


Join us weekly and bring a friend to...

# SPRING SENIOR SOCIAL



Are you 55 or older and looking for an opportunity to learn how to stay healthy and meet new people?

This educational program offers six lessons that cover a wide range of topics including the aging process, healthy lifestyles and healthcare.

**BREAKFAST PROVIDED!**

**Dorothy E. Henry Memorial Library - Vernon**

**Mondays: 3/18, 3/25, 4/1, 4/8, 4/22 & 4/29**

**9:30am to 11:30am**

**ALL GRADUATING PARTICIPANTS  
WILL RECEIVE A \$25 GIFT CARD!**

**TO REGISTER, PLEASE CALL MICHELLE  
AT 973-383-4787 EXT 231**

Funding provided through New Jersey Department of  
Mental Health and Addiction Services

