COCAINE PRESCRIPTION DRUGS TOBACCO KZ ALCOHOL STEROIDS ÍNHALANTS CRACK VAPES METHAMPHETAMINES COLD MEDICINE SPICE ATIVES MARIJUANA HEROIT ALVIA ERALL ARETTE. **S**<sup>1</sup> ICS 2019 Pride Survey Plus

> Sussex County Youth Risk & Protective Factor Survey

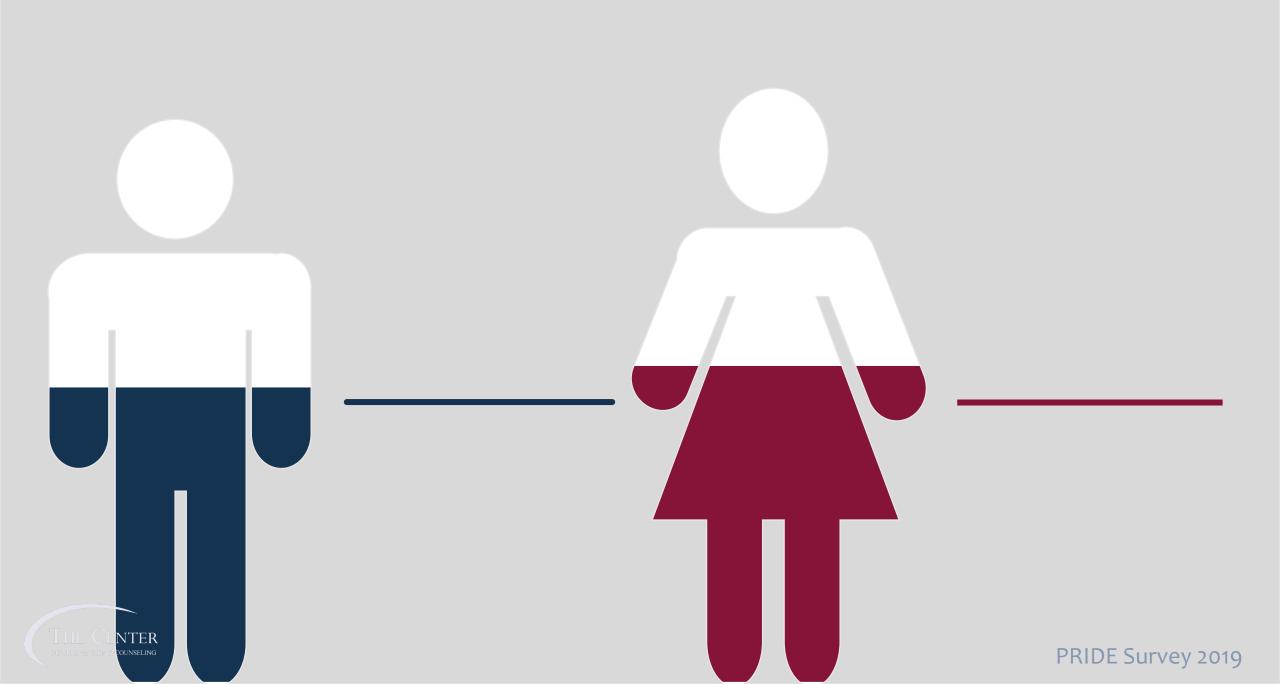


Since 2006, the Coalition for Healthy and Safe Communities, a Program of the Center for Prevention & Counseling, in Collaboration with participating Sussex County School Districts, conducted a biannual survey of students in grades 6<sup>th</sup>-12<sup>th</sup> on their attitudes and behaviors regarding mental health, alcohol, tobacco and other drugs.

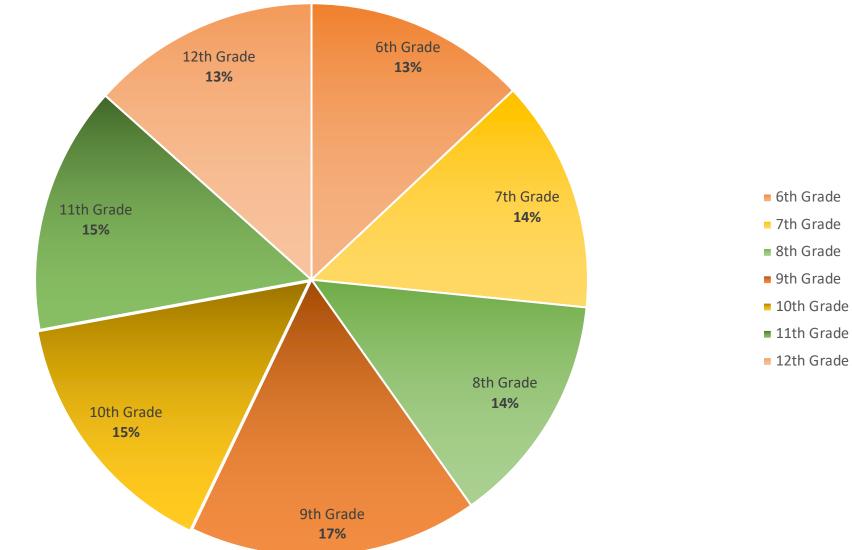


### 3,350 students from 5 Sussex **County School District's** Participated in the December 2019 Pride Survey.





#### Grade Levels Surveyed

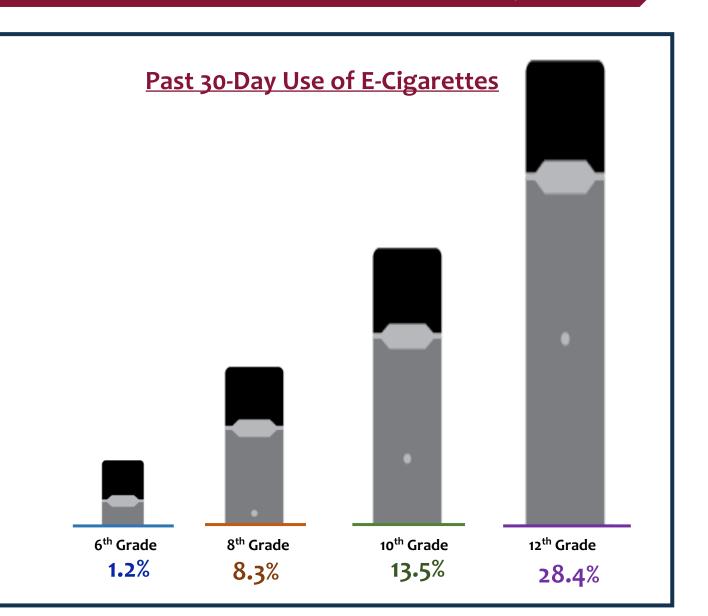




#### **E-Cigarette and Vaporizer Use**



reported using the brand name JUUL vaporizer.



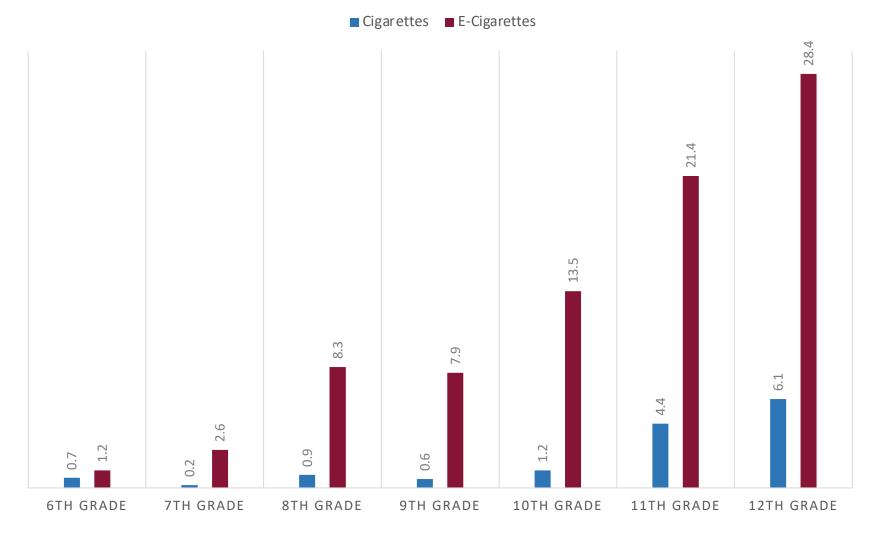
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While vaping trends may be alarming, it's important to note that rates of traditional cigarettes smoking are the lowest they've been since the inception of this survey. Only 2% of those surveyed reported smoking traditional cigarettes in the last 30 days. However, studies show that youth who use e-cigarettes are 4 X more likely to try traditional cigarettes.



#### Past 30-Day Use Comparison: Cigarettes vs. E-Cigarettes

#### 2019 PERCENTAGE OF S.C. YOUTH USE BY GRADE



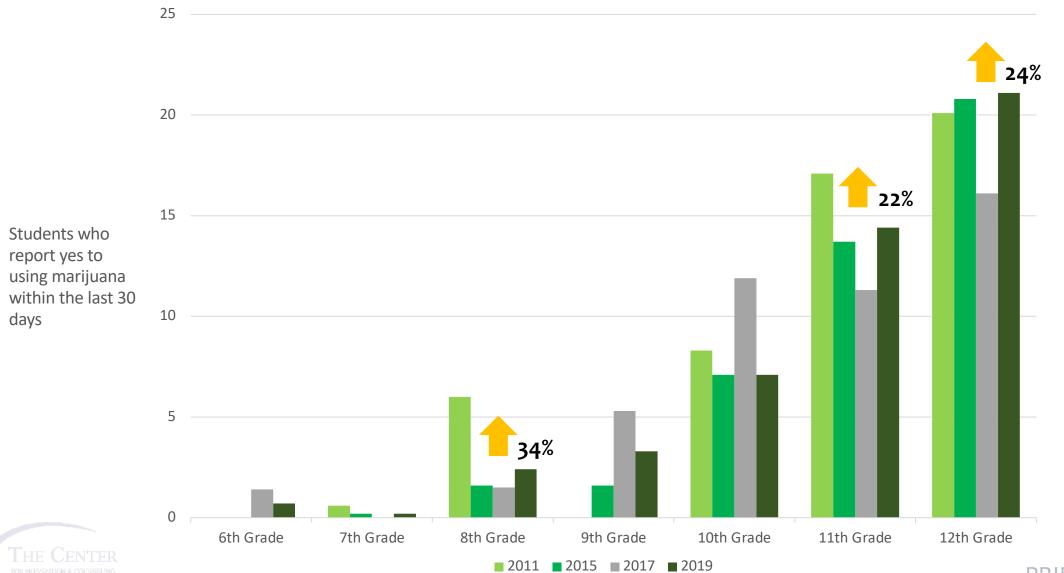


According to the 2020 National "Monitoring the Future" Survey, teens report vaping more than just nicotine. 34.5% of 12<sup>th</sup> grade students nationwide reported using nicotine in their e-cigarettes, and nearly 22% reported smoking THC (marijuana) oil from their e-cigarettes.



Monitoring the Future 2019

#### Past 30-Day Marijuana Use



48.8% of all Sussex County students in grades 6-12 report marijuana use as harmful or very harmful.

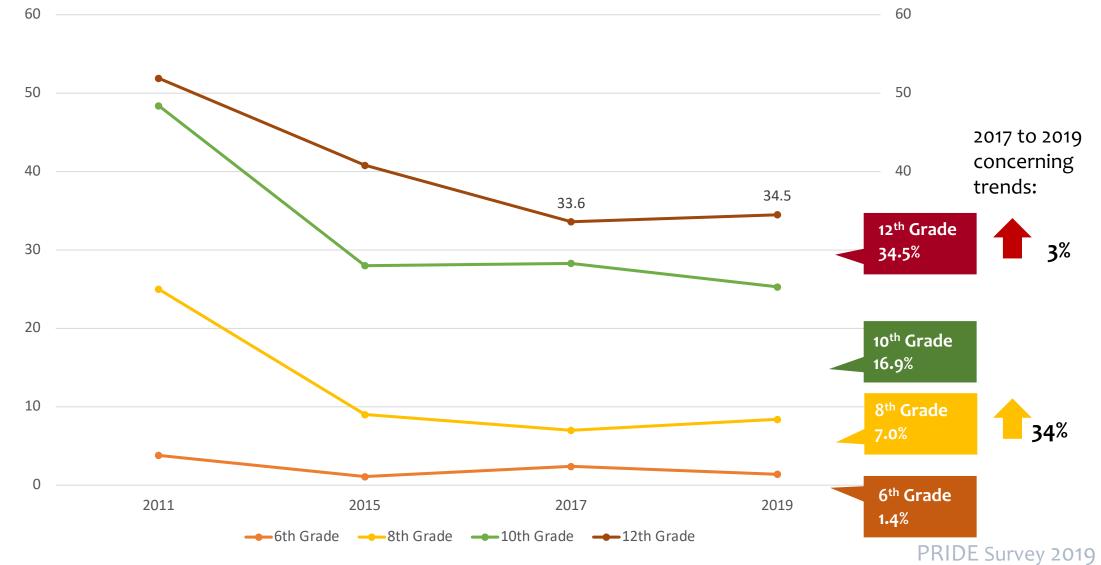
## This Represents a 22% decrease in student perception of harm from 2017 to 2019.





#### Past 30-Day Alcohol Use

Alcohol Consumption Trends 2011 to 2019



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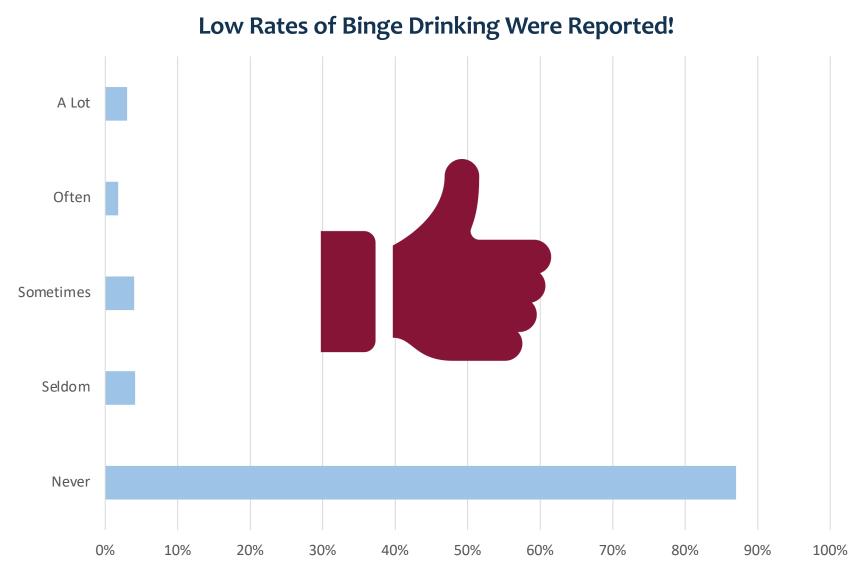
Since 2011, alcohol use has been on a downward trend in Sussex County. However, there are some areas of concern among our  $8^{th}$ ,  $11^{th}$  and  $12^{th}$  grade populations where we saw moderate to considerable increase in use from 2017-2019. 34% Increase among  $8^{th}$  graders

9% Increase among 11<sup>th</sup> graders
3% Increase among 12<sup>th</sup> graders





#### When asked how frequently students have more than 5 alcoholic beverages in a few hours...

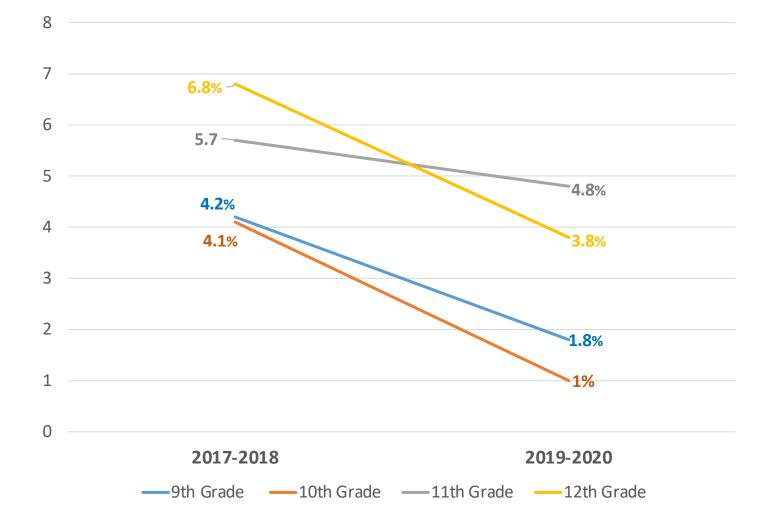




#### **Annual Prescription Drug Misuse**

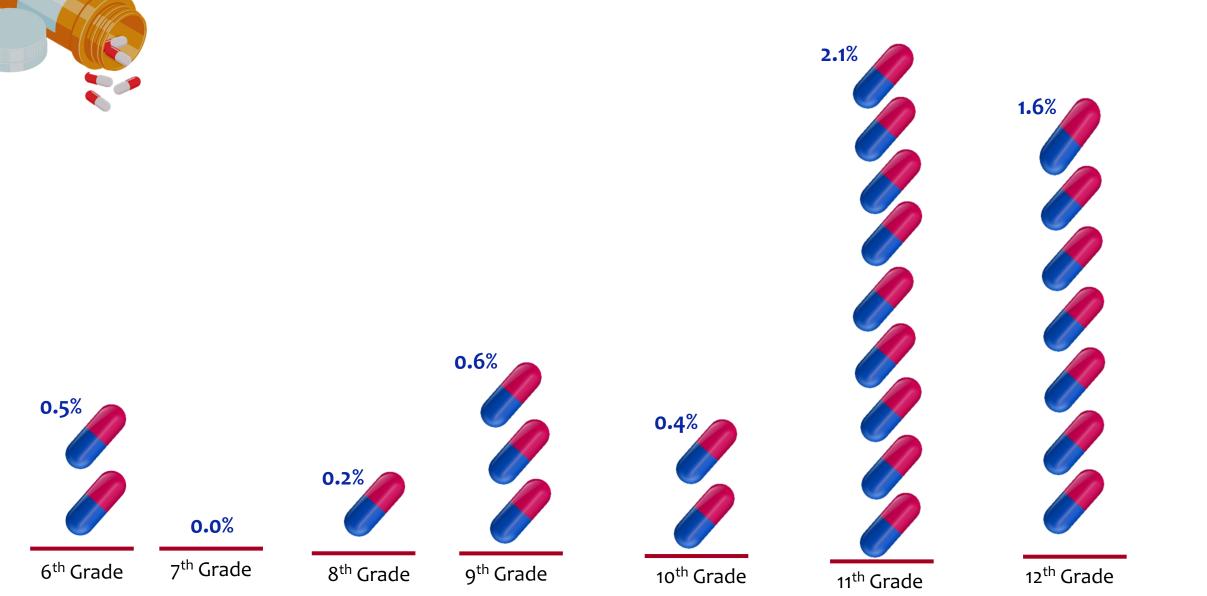


Annual misuse of prescription drugs has declined among high school students since 2017.





#### Past 30-Day Use of Prescription Opioid Pain Killers



PRIDE Survey 2019

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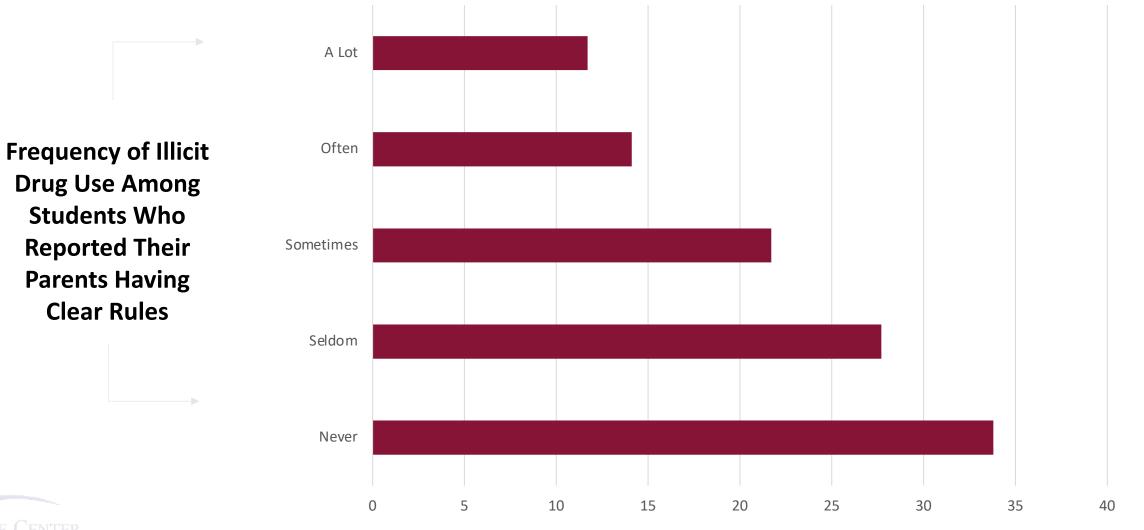
Although Sussex County students are aware of the risks, parents are still the number one reason children do not misuse substances.

In 2019, at least 86% of students reported their parents having a strong disapproval towards using alcohol, tobacco and other drugs.



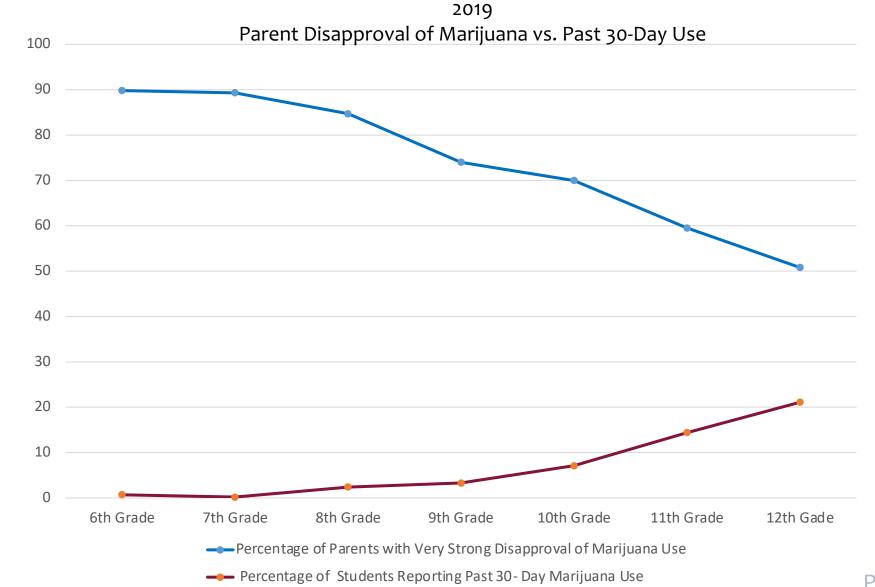


#### When Parents Set Clear Rules, Children Listen



Frequency of Illicit Drug Use In the Last Year

#### Highest Disapproval Rates Equals Lowest Substance Use



#### At a Glance

1 in 5 students claimed that some substances, like e-cigarettes and alcohol, were easy or fairly easy to obtain.

Perception of friend and parent disapproval continue to be the top reasons why youth don't use substances.

### Most students still find moderate to great risk in using substances.





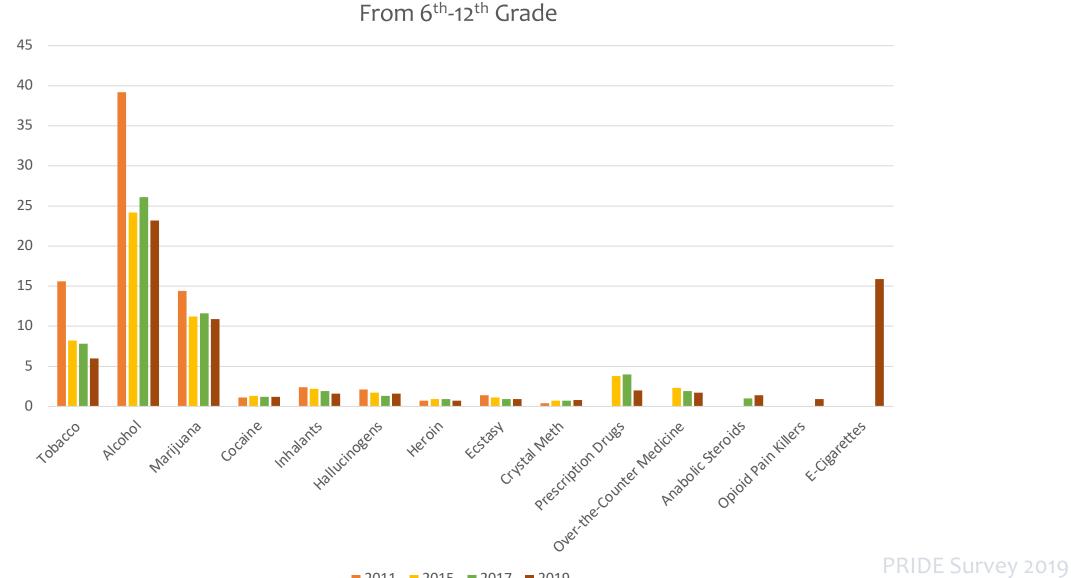
### Sussex County Students' Perception of Risk



In all categories, most students reported "Moderate or Great Risk" associated with misuse of each substance.



#### **Annual Substance Use**



**2**011 **2**015 **2**017 **2**019

Since this survey's inception in 2011, we have seen a continuous decline in substance use among Sussex County youth.

With data from this Pride survey, Center for Prevention and Counseling can identify and address areas of concern among Sussex County youth.





The data collected from Sussex County students also helps in the evaluation of current drug prevention programs and assesses the need for new or modified evidence-based programs and policies.







# For more information, please visit www.centerforprevention.org



