

Sussex County Clinician Directory

A Guide of Local Resources
for Adolescents and Families

*Sussex County
School Counselor's Association*

Created by:



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Note: Information was provided directly from therapists and counselors who treat adolescents and families. It is not inclusive of all Sussex County providers, only those who replied to request inclusion. Please email jenn@centerforprevention.org with any changes or questions.

Action Arts Center- Creative Arts Therapy

Clinician Name- Allyn Sitjar

Credentials/Licensures- MA, RDT, LCAT

Address- 43 Main Street, Suite 101, Sparta, NJ 07871

Phone- 201-415-5329 (Cell/Text) 973-726-0695 (Office)

E-mail- Actionartscenter@gmail.com

Website- www.actionartscenter.com

Can you do school risk assessment- No

Insurance coverage-

Is sliding scale available- Yes

Counseling specialty- Trauma, domestic violence, PTSD, Social Anxiety, Depression, Bipolar, Lack of Impulse Control, Anger Management, Bullying, Conflict Resolution, Peer Communication, Social skills for children and teens with Autism, Asperger's, Individuals looking to develop greater skills and resources to creatively manage life's stresses and challenges.

Are emergency services available- No

How quickly can patients be seen- Within a day

Office hours- Monday-Thursday & Sundays, 10:30 AM- 7:30 PM

Psychiatric affiliate- None

Comments- Action Arts Center specializes in Creative Arts Therapy for children, adolescents, and adults. We offer drama therapy, art therapy, music therapy, movement therapy, play therapy, sand tray therapy, and the use of writing and journaling. We are also certified in Girls Circle/Boys Council workshops.

Action Arts Center also offers Professional Theatre Training Classes.

Creative Arts Therapy involves the intentional use of music, art, movement, or drama within a therapeutic relationship to facilitate growth and healing. Through engagement within creative experiences, people of diverse ages, abilities, cultures, and backgrounds are supported in developing their own creative potential. Expressive pathways are formed through which people can move toward greater health, well-being, and capacities for living a full and meaningful life. Creative Arts Therapists are Board Certified within their own disciplines and are bound by professional codes of ethics. Each discipline has a strong and growing body of research, which informs best practices.

Advanced Behavioral Counseling of NNJ, LLC

Clinician Name- Deborah Drumm, Sandra Winters, Doreen Rasp, Kathleen Kilcoyne, Molly Hird, and Elizabeth Patterson

Credentials/Licensures- Psychiatric Advanced Practice Nurse, Certified Practitioner in Clinical Aromatherapy, Family Nurse Practitioner, Licensed Professional Counselor, Licensed Clinical Social Worker

Address- 55 Newton- Sparta Road, Suite 103, 104, Newton, NJ 07860

Phone- 973-579-9394

E-mail- help@abcnnj.com

Website- www.abcnnj.com

Can you do school risk assessment- Yes (Molly Hird)

Insurance coverage- Medicare, will work with out of network plans

Is sliding scale available- On a limited basis

Counseling specialty- Depression, Sleep Disorders, Anxiety, Bipolar and various mood disorders, Severe persistent mental illness

Are emergency services available- Limited

How quickly can patients be seen- Varies often within 1-2 weeks

Office hours- Monday, Tuesday, Friday 11 am – 6 pm. Call for availability, some evenings and weekends

Psychiatric affiliate- Bridgeway Rehabilitation Services, Atlantic Health Systems, Advanced Behavioral Counseling,

Comments- Pharmacological Management

Affiliated Psychotherapists

Clinician Name- Marvin Chartoff

Credentials/Licensures- Licensed Psychologist, Licensed Professional Counselor,
Licensed Alcohol and Drug Counselor

Address- 21 Main Street, Sparta, NJ 07871

Phone- 973-729-5535

E-mail- acenterforchange@gmail.com

Website- www.acenterforchange.com

Can you do school risk assessment- No

Insurance coverage-In-Network Provider for all insurance companies including BC/BS, Aetna, Cigna, United Health Care, Optum, QualCare, Multi Plan, ValueOptions, Magellan, and Medicare

Is sliding scale available- Yes

Counseling specialty- Child and Adolescent Counseling, Drug and Alcohol Counseling and Evaluation, Marital and Family Counseling, Parenting Skills Training

Are emergency services available- Yes

How quickly can patients be seen- Within 24 Hours

Office hours- M-F 9 AM- 8 PM, Sat 9 AM- 1 PM

Psychiatric affiliate- None

Comments- As In-Network Providers for most insurance companies, we are committed to providing quality care at the convenience of the client at reasonable fees.

Andrey Byers, LCSW

Clinician Name- Andrey Byers

Credentials/Licensures- LCSW

Address- 46 Main Street, Suite 401 Sparta, NJ 07871

Phone- 973-726-4809

E-mail- acbyers@embarqmail.com

Website- None

Can you do school risk assessment- No

Insurance coverage- Aetna

Is sliding scale available- Yes

Counseling specialty- Adults, Teens, Marital-Anxiety/Mood/Personality Disorders,
School Phobia

Are emergency services available- No

How quickly can patients be seen- Within 2 weeks

Office hours- MW 9 AM- 9 PM, Th 9 AM- 12 PM

Psychiatric affiliate- None

Comments-

Atlantic Behavioral Health/Newton Medical Center

Clinician Name- Seven outpatient therapists treating children, adolescents and adults

Credentials/Licensures- Licensed Psychologists, Licensed Clinical Social Workers and Licensed Clinical Social Workers

Address- 175 High Street, Newton NJ 07860

Phone- 1-888-247-1400

E-mail- scott.maclean@atlanticealth.org

Website- www.atlanticealth.com/newton

Can you do school risk assessment- No

Insurance coverage- All Insurances, Medicaid, Charity Care, Medicare

Is sliding scale available- No

Counseling specialty- DBT (Dialectical Behavior Therapy), Depression Group and Cognitive Behavior Therapy. Co-Occurring services provided by our LCADC.

Are emergency services available- Yes, Psychiatric Emergency Services (PES)

How quickly can patients be seen- Immediately in Emergency Room

Office hours- MWF 8 AM- 5 PM Tu &Th 8 AM- 9 PM.

Psychiatric affiliate- Newton Medical Center

Comments-

Beth Answorth

Clinician Name- Beth Answorth

Credentials/Licensures- LCSW, Psychotherapist, School Social Worker, Mental Health Screener, Clinical Social Work Supervisor

Address- 25 Main Street, Rear Suite A, Sparta, NJ 07871

Phone- 973-729-9515

E-mail- bethansworthlcsw@gmail.com

Website-

Can you do school risk assessment- Yes

Insurance coverage- Most commercial insurances accepted, Out-of-Network

Is sliding scale available- Yes

Counseling specialty- Adolescent issues: Harassment, intimidation/bullying, relationship, social skills. Parenting concerns/ family problems/ divorce/ single parenting. Mental health (Post Psychiatric Hospitalization needs; Depression, Anxiety, ADHD, etc) Learning Disabilities/Developmental Disabilities/Asperger's Syndrome, School Behavior Issues. Chronic Medical Illness, Terminal Illness for patient and caregiver; families. Bereavement, grief and ongoing loss. LGBTQ issues. Christian counseling, spirituality issues.

Are emergency services available- Yes

How quickly can patients be seen- Within 7 days

Office hours- Monday-Friday

Psychiatric affiliate- On-line (Virtual) therapy available by request

Comments-

Bethany Merlucci

Name of Agency- Bethany Merlucci, LCSW

Clinician Name- Bethany Merlucci, LCSW

Credentials/Licensures- NJ LCSW, NY LCSW

Address- Telehealth

Phone- 631-263-4909

E-mail- bmerlucci@wellnesselevated.org

Website- wellnesselevated.org

Can you do school risk assessment- No

Insurance Coverage- Out of Network Benefits used

Is sliding scale available- Yes

Counseling specialty- Older adolescents and adults. I specialize in adjusting to life transitions such as college, new job, motherhood, post-divorce, empty nesters. I work with clients to establish new goals and to create a vision for the behaviors and life that they want and to explore the factors that have prevented progress in the past.

Are emergency services available- No

How quickly can patients be seen- Current availability

Office hours- M-F 9am-8pm

Psychiatric affiliate- No

Comments-

Carly Herschman, LCSW

Credentials/Licensures- Certified School Social Worker, Licensed Clinical Social Worker

Address- 2 West Hanover Avenue, Suite 203, Randolph, NJ 07869

Phone- 862-432-8649

E-mail- carly.herschman@gmail.com

Website- <https://www.psychologytoday.com/us/therapists/carly-herschman-randolph-nj/285992>

Can you do school risk assessment- Yes

Insurance coverage- Out of Network Provider

Is sliding scale available-

Counseling specialty- Focus on working with children, adolescents and adults with a variety of issues including depression, anxiety, stress and relationship conflicts utilizing a variety of psychotherapeutic approaches to meet client needs.

Are emergency services available-

How quickly can patients be seen- Within 1 week

Office hours- Monday- Friday after 3 PM

Psychiatric affiliate- Works with several psychiatrists

Comments-

Center for Evaluation and Counseling, Inc (CEC)

Clinician Name- Jessica Large, MA, Ed.S, LPC, ACS

Credentials/Licensures- LPC and LCSW mental health professionals on staff

Address- Sussex County- 191 Woodport Road, Suite 209, Sparta, NJ 07871

Address- Morris County- 1719 Route 10 East, Parsippany, NJ 07054

Phone- 973-829-6960

E-mail- jessica.large@centerforeval.org

Website- www.centerforeval.org

Can you do school risk assessment- Yes

Insurance coverage- Aetna, Cigna, Concern, Horizon Blue Cross/Blue Shield, United Healthcare, ValueOptions

Is sliding scale available- Yes (for private insurance clients and supervised visitation)

Counseling specialty- CEC provides outpatient mental health counseling services for children, adolescents, adults, family and couples. Private insurance clients welcomed.

CEC conducts forensic, cognitive, psychosexual, psychological risk, fire setter evaluations and substance abuse assessments. CEC's Therapeutic Supervised Parenting Program (TSP) provides services to children from birth to age 18 who are caught in the middle of custody/parenting disputes who may be "at risk" of harm by non-custodial parents or where mutual parenting arrangements are not available. Parenting sessions must be court ordered.

Are emergency services available- No

How quickly can patients be seen- Within 5 business days

Office hours- M-Th 9 AM- 8 PM, F 9 AM- 5 PM

Psychiatric affiliate- None

Comments-

Center for Family Services (Formerly Family Intervention Services)

Clinician Name- Various

Credentials/Licensures- All clinicians are licensed LSW, LAC, LPC or LCSW

Address- 55 Mill Street, Newton, NJ 07860

Phone- 973-940-0105

E-mail- ingrid.vaca-bullaro@centerffs.org or kristen.lauber@centerffs.org or katherine.acosta@centerffs.org

Website- <https://www.centerffs.org/>

Can you do school risk assessment- No

Insurance coverage- Yes- Medicaid provider for Children 18 and under as well as Adults

Is sliding scale available- Yes

Counseling specialty- Children/Family Therapy, Adult Outpatient Services, Children's Mobile Response

Are emergency services available- Yes

How quickly can patients be seen- Within 2 weeks

Office hours- M-F 9 AM- 5 PM, Evening Hours Available and Saturday (limited)

Psychiatric affiliate- APN available

Comments- Promoting Success Program is open to provide counseling to any family with a child(ren) under 18 not involved with DCP&P or CMO. Sussex County Outpatient In home sessions are provided. The Sussex County Outpatient Program is open to any individual child/youth/adult and/or their families who have Medicaid (NJ Family Care). Must travel to our Rockaway office for in-person sessions.

Services include:

- Assessment & Evaluation
- Individual, Group and Family Therapy
- Psycho Education Services
- Psychiatric Services via APN for Evaluations and Medication Monitoring
- Linkage and follow-up

Center for Mindful Change, LLC

Clinician Name- Kathryn A. Griffiths, MSW, LCSW, BCD

Credentials/Licensures- MSW, LCSW, BCD,

Address- The Creamery Center, 51 Route 206, Suite 103, Augusta, NJ 07822

Phone- 973-257-5666

E-mail- Kathryn@centerformindfulchange.com

Website- www.centerformindfulchange.com

Can you do school risk assessment- Yes

Insurance coverage- In- Network for Medicare, Out-of- Network for other insurance plans

Is sliding scale available-Yes

Counseling specialty- Families, parenting help, children, adolescents, couples, anxiety, depression, trauma, EMDR, hypnosis, weight, substance abuse, LGBTQI issues, performance enhancement, attachment issues, panic disorders.

Are emergency services available- Yes

How quickly can patients be seen- Within 24 Hours

Office hours- Flexible, M-F 8 AM- 9 PM

Psychiatric affiliate- Yes

Comments- The Center for Mindful Change, LLC is dedicated to counseling and coaching others so they can find their path to mindfulness, reflection, recovery and a well-attended life or career.

Center for Prevention and Counseling

Clinician Name- listed below

Credentials/Licensures-listed below

Address- 61 Spring Street, Newton NJ 07860

Phone- 973-383-4787

E-mail- info@centerforprevention.org

Website- www.centerforprevention.org

Can you do school risk assessment- No

Insurance coverage- Medicaid, Grant funding or Self Pay

Is sliding scale available- Yes

Counseling specialty- Adolescents, Adults, Addiction, Recovery, Specialized Treatment Groups (Co-Occurring Disorders, Gender Specific, Anger Management and Trauma)

Are emergency services available- No

How quickly can patients be seen- Within 2-10 days

Office hours- W/F 9am-5pm, M/T/Th 9am-8pm morning, afternoon, & evening appointments available

Psychiatric affiliate- None on staff, will refer out if necessary

Comments- The Center is staffed by a range of professionals who can treat substance use disorders, and mild to moderate co-occurring mental health disorders. Telehealth counseling services are available as needed. Additionally, recovery support services are available for parents and families of a loved one struggling with a substance use disorder.

1. Christine Michlik, Director of Clinical Services, LPC, LCADC, ACS, CCS
2. Patricia White, Clinical Supervisor, Clinician, MA, LCADC, CCS
3. Steve Higgins, MA, LAC, LCADC intern
4. Ava LaMorte, CADC
5. Lauren Montalvo, CADC Intern
6. Deanne Rieger, LCADC Intern
7. Kristina Thompson, CADC
8. Jenn Wroblecki, MA, LAC, LCADC Intern
9. Natalie Yanoff-Smith, CADC

Center for Prevention and Counseling- TAG (Think, Act, Grow) Program

Clinician Name- Jennifer Wrobleski

Credentials/Licensures- MA, LAC, TAG Coordinator

Address- 61 Spring Street, 1st Floor, Newton, NJ 07860

Phone- 973-383-4787

E-mail- jenn@centerforprevention.org

Website- www.centerforprevention.org

Can you do school risk assessment- No

Insurance coverage- Program is free

Is sliding scale available- Program is free

Counseling specialty- The TAG program provides free individual and group psychoeducation, along with case management services to “at risk” or court involved adolescents ages 12 to 21 in Sussex County. Psychoeducational groups include Anger Management/Conflict Resolution, Job Readiness, Life Skills, and Positive Youth Development.

Are emergency services available- No

How quickly can clients be seen- Within 3 days

Office hours- M- Th 9 AM- 8 PM, F 9 AM- 5 PM

Psychiatric affiliate- None

Comments-

Christopher Belz, Psy.D.

Clinician Name- Christopher Belz, Psy.D.

Credentials/Licensures- Licensed (NJ) Clinical Psychologist

Address- 350 Sparta Ave, C-8 Sparta, NJ 07871

Phone- 908-812-3532

E-mail- chris.belz@gmail.com

Website- christopherbelzpsyd.com

Can you do school risk assessment- No

Insurance coverage- Cigna, Medicaid and Medicare

Is sliding scale available- Yes

Counseling specialty- Dialectical Behavioral Therapy with ages 12+ with anxiety, depression, peer and family relationship difficulties, for parenting support, academic problems, anger issues, psychosis, trauma, coping with physical health problems

Are emergency services available- No

How quickly can patients be seen- Within 2 weeks

Office hours- Monday, Tuesday, Wednesday, Thursday, Friday by appointment

Psychiatric affiliate-

Comments- Only providing telehealth sessions at this time

Coordinated Treatment Solutions, LLC

Clinician Name- James Cuccio

Credentials/Licensures- Licensed Social Worker

Address- 904 B2- 909 A2 Pompton Avenue, Cedar Grove, NJ 07009

Phone- 973-239-4848

E-mail- coordinatedtreatment@gmail.com

Website- www.facebook.com/CoordinatedTreatment

Can you do school risk assessment- No

Insurance coverage- None

Is sliding scale available- Yes

Counseling specialty- Children and Adolescents

Are emergency services available- Yes

How quickly can patients be seen- Within 7 days

Office hours- M-Th 8:30 AM- 9:30 PM, F 8:30 AM- 5 PM, Sat by appointment

Psychiatric affiliate- Dr. Ellen Platt

Comments- My services are part of the spectrum of psychiatric counseling, and behavioral services offered by Coordinated Treatment Solutions, LLC for children and adolescents with developmental disabilities and mental health disorders.

Coordinated Treatment Solutions, LLC

Clinician Name- Ellen Platt

Credentials/Licensures- Licensed Physician

Address- 904 B2- 908 A2 Pompton Avenue, Cedar Grove, NJ 07009

Phone- 973-239-4848

E-mail- coordinatedtreatment@gmail.com

Website- www.facebook.com/CoordinatedTreatment

Can you do school risk assessment- Yes

Insurance coverage- Medicare

Is sliding scale available- Yes

Counseling specialty- Psychiatry (child, adolescent, & adult); individual, group, and family psychotherapy

Are emergency services available- Yes

How quickly can patients be seen- Within 7 days

Office hours- M-Th 8:30 AM- 9:30 PM, F 8:30 AM- 5 PM, Sat by appointment

Psychiatric affiliate- Dr. Ellen Platt Psychiatric Services

Comments- My services are part of the psychiatric counseling and behavioral services offered by Coordinated Treatment Solutions, LLC, for children and adolescents with developmental disabilities and mental health disorders.

Dominic J. Carbone, PhD/Private Practice

Clinician Name- Dominic J. Carbone, PhD

Credentials/Licensures- Psychologist, Psychotherapist, Cognitive Behavioral, NJ, NY and PA

Address- 46 Main Street, Suite 401 Sparta, NJ 07871

Phone- 917-544-9361

E-mail- DominicJCarbonePhD@gmail.com

Website-

Can you do school risk assessment- Yes

Insurance coverage- Yes

Is sliding scale available- Yes

Counseling specialty- Individuals, Family, Couples, Anxiety, Depression, PTSD, Sexuality, & GLBTQ issues

Are emergency services available- No

How quickly can patients be seen- Within 7 days

Office hours- Thursdays all day

Psychiatric affiliate- None

Comments- I work using CBT, EMDR, & REBT

Emily Brislin, PsyD

Clinician Name- Emily Brislin, PsyD

Credentials/Licensures- Licensed (NJ and PA) Clinical Psychologist

Address- 350 Sparta Ave, C-8 Sparta, NJ 07871

Phone- 973-975-3641

E-mail- emily.e.brislin@gmail.com

Website- www.dremilybrislin.com

Can you do school risk assessment- No

Insurance coverage- BC/BS PPO, Cigna, United HealthCare, Medicare

Is sliding scale available- No

Counseling specialty- Cognitive Behavioral Therapy with ages 16+ including depression, anxiety, relationship difficulties, academic problems; Neuropsychological evaluations for ages 16+ including ADHD evals and learning disabilities.

Are emergency services available- No

How quickly can patients be seen- Within 2 weeks

Office hours- Tuesday/Thursday by appointment

Psychiatric affiliate- None

Comments-

Empowerment through Self Psychological Counseling, LLC

Clinician Name- Tamara Siegel, MA, LPC

Credentials/Licensures- Licensed Professional Counselor

Address- 58 Big Spring Road, Franklin, NJ 07416

Phone- 973-713-7055

E-mail- tamara@empowermentthroughself.org

Website- www.empowermentthroughself.org

Can you do school risk assessment- No

Insurance coverage- A variety of insurances are accepted, please call to confirm

Is sliding scale available- Yes

Counseling specialty- I treat clients experiencing oncology related issues, anxiety disorders and social phobias, depressive disorders, academic underachievement, anger management, chronic impulsivity, coping skills, emotional disturbance, sleep disorders, self-esteem issues, interpersonal/relationship issues, career problems and challenges, obsessive-compulsive disorders, post-traumatic stress disorder, parenting issues, grief, eating disorders, sexual abuse, family conflicts/issues and more.

Are emergency services available- Yes

How quickly can patients be seen- I provide quick availability

Office hours- Monday-Friday 9 AM – 6:30 PM/ Saturday 9 AM – 3 PM

Psychiatric affiliate- None

Comments- I am a Licensed Professional Counselor (LPC) who utilizes a client-centered approach, meaning I want to know your history, feelings and emotions, while fostering strategies for self-realization. In this way counseling becomes an assisting process, rather than dependence association. I strive for the client to find their own way, but at the same time I recognize when direction, guidance and information are needed. The therapeutic relationship that I develop with the client is our foundation from which to build.

My counseling environment is safe, non-judgmental, confidential and in a private setting. During a counseling session there is: self-expression, exploration, reflection and clarification of feelings, better understandings of self and others, the realization of options and consideration of all choices, and helping to create and make changes for a better life.

First Light Counseling

Clinician Name- Edward Blevins

Credentials/Licensures- Licensed Professional Counselor (LPC), Licensed Clinical Alcohol and Drug Counselor (LCADC), Approved Clinical Supervisor (pending)

Address- 25 Main Street, Rear Suite A, Sparta, NJ 07871

Phone- 908-669-4976

E-mail- edwardcblevins@gmail.com

Website-

Can you do school risk assessment- No

Insurance coverage- I accept deferred payment through out of network benefits, allowing your families to receive services without expending their limited resources while waiting for reimbursement.

Is sliding scale available- Yes

Counseling specialty- Children and families, substance use, HIB (victim and aggressor), anxiety, anger management, social skills development, grief, and school avoidance

Are emergency services available- No

How quickly can patients be seen- Within 48 hours

Office hours- By appointment

Psychiatric affiliate- No, but good connections for adolescent medication management.

Comments- I'm a genuinely warm and empathetic counselor with 25 years of school based and 12 years of agency and private practice based experience. I am very comfortable providing clinical services for individuals with special needs, as well as for the general population.

Full Circle Counseling

Clinician Name- Jordan O'Neill, LSW Nadine Jordan, LPC

Credentials/Licensures- Licensed Social Worker and Licensed Professional Counselor, Certified Mental Health Screener, Crisis Counselor, Grief Recovery Specialist, Clinical Supervisor, Perform Care Provider

Address- 59 Beaverbrook Road, Suite 302C, Lincoln Park, NJ

Phone- 862-248-9442

E-mail- jordanconnects@gmail.com

Website- www.jordanconnects.com

Can you do school risk assessment- Yes

Insurance coverage- Yes

Is sliding scale available- Yes

Counseling specialty- Crisis, Adolescent, Anxiety, Relationships, Parenting, Depression

Are emergency services available- Yes

How quickly can patients be seen- Within 48 hours

Office hours- Varies- In home counseling

Psychiatric affiliate-

Comments- We are mainly an in home counseling group. We will come to the client in Sussex County and see children and adults.

Gia N. Leo

Clinician Name- Gia N. Leo

Credentials/Licensures- LCSW, LCADC

Address- 43 Main Street, Suite 101, Sparta, NJ 07871

Phone- 862-268-3101

E-mail- gianicole20@gmail.com

Website-

Can you do school risk assessment- Yes

Insurance coverage- Out of network, Generous sliding scale

Is sliding scale available- Yes

Counseling specialty- Adolescent, Adult, Family

Are emergency services available- Yes

How quickly can patients be seen- Within 24 hours

Office hours- 8 AM – 10 PM

Psychiatric affiliate- ABC Counseling Northern NJ, Deborah Drumm, APN

Comments-

Ginnie's House Sussex Children's Advocacy Center

Clinician Name- Shawn Welty, Community Resource Specialist, MDT
Coordinator/Clinician and Natalia Olarte, Child and Family Therapist

Credentials/Licensures- LPC, LCSW

Address- 4 High Street, POB Box 3156 Newton NJ 07860

Phone- 973-579-0770

E-mail- info@ginnieshouse.org

Website- www.ginnieshouse.org

Can you do school risk assessment- No

Insurance coverage- No fee for services

Is sliding scale available- No fee for services

Counseling specialty- Childhood sexual abuse and trauma

Are emergency services available- Yes

How quickly can patients be seen- Within 24-48 hours

Office hours- M-F 9 AM- 5 PM and other appointments as warranted

Psychiatric affiliate- None

Comments- Ginnie's House provides free trauma informed mental health services and forensic medical evaluations when child abuse is suspected, disclosed or reported. We also provide psychoeducational support to non-offending caregivers. We work both internally and with a variety of agencies to create a safe and comforting environment for children. We also provide free education in the community for prevention of childhood sexual abuse, consultation with school staff and resources for the community as needed.

Highlands Psychological Services LLC

Clinician Name- Bonnie Dirkson

Credentials/Licensures- LPC, NJ School Psychologist, School Guidance Counselor, Early Childhood Certification, Elementary School Certification, Teacher of the Handicapped

Address- 5 Fenwick Road, Augusta, NJ 07822

Phone- 973-715-7671

E-mail- bonniedirkson@embarqmail.com

Website- None

Can you do school risk assessment- Yes

Insurance coverage- Cigna, BC/BS, Aetna, and others

Is sliding scale available- Yes

Counseling specialty- As an LPC, I do counseling in every area except substance abuse, but would consider childhood anxiety a specialty.

Are emergency services available- Yes

How quickly can patients be seen- Within 24 hours

Office hours- Tuesday, Wednesday, Thursday 4 PM- 8 PM

Psychiatric affiliate- Dr. Jain of Highlands Psychiatric

Comments- Small private practice out of home office

Holistic Therapy by Design LLC

Clinician Name- Lori Petry

Credentials/Licensures- LCSW

Address- 30 Moran Street, Newton, NJ 07860

Phone- 973-903-1038

E-mail- lspetrylcsw@aol.com

Website-

Can you do school risk assessment- No

Insurance coverage- Aetna, Value Options and Victims of Crime Compensation

Is sliding scale available- Yes

Counseling specialty- Adolescents and trauma

Are emergency services available- Yes

How quickly can patients be seen- 24-48 Hours

Office hours- Flexible

Psychiatric affiliate- None

Comments-

Hollander Counseling and Consulting, LLC

Clinician Name- Angela Hollander

Credentials/Licensures- MSW, LCSW

Address- Offices in Newton and Mountain Lakes

Phone- 973-519-3369

E-mail- angelahollanderlcsw@gmail.com

Website- www.hollandercounselingandconsulting.com

Can you do school risk assessment- Yes

Insurance coverage- Yes, call to confirm

Is sliding scale available- Yes

Counseling specialty- Adolescents, adults, families, trauma & resiliency, depression, anxiety, mood disorders, personality disorders, life transitions, managing conflict, LGBTQI topics, workplace issues, behavioral manifestations such as self-injury, suicidal ideations, school issues and conduct issues.

Are emergency services available- On occasion

How quickly can patients be seen- Within 2 days

Office hours- Days, Evenings, Some weekends

Psychiatric affiliate- None

Comments- Please call for a free phone consultation

Inner-Peace Counseling

Clinician Name- Anne Nedelka

Credentials/Licensures- LPC

Address- 55 Newton-Sparta Road, Suite 104

Phone- 973-600-9032

E-mail- innerpeace@earthlink.net

Website- www.innerpeacecounseling.com

Can you do school risk assessment- Yes

Insurance coverage- Yes

Is sliding scale available- Yes

Counseling specialty- CBT, DBT

Are emergency services available- No

How quickly can patients be seen- Within 2 weeks, sometimes immediately

Office hours- Monday-Friday 2 PM- 9 PM, some Saturdays available

Psychiatric affiliate- Deborah Drumm, APN for adults Lisa Koutler NYU Hackensack for children and adolescents

Comments-

Jill Burns, LCSW

Clinician Name- Jill Burns

Credentials/Licensures- LCSW

Address- 529 Route 515, Suite 204 Vernon, NJ 07462

Phone- 973-764-4304

E-mail- jpburns@ptd.net

Website- therapists.psychologytoday.com

Can you do school risk assessment- No

Insurance coverage- Aetna, BC/BS, Concern, Magellan Behavioral Health, AmeriHealth, Cigna, Empire BC/BS, and out of network insurance

Is sliding scale available- Yes

Counseling specialty- I work with children (ages 5 and up), adolescents, and adults dealing with life stressors, stressful relationships, family issues, school issues, work issues, peer relationships, depression, anxiety, anger management, co-dependency, grief/loss.

Are emergency services available- No

How quickly can patients be seen- Within 1 week

Office hours- Day, Evening, and Weekend hours are available

Psychiatric affiliate- None

Comments- I work with children, adolescents and adults in helping them to achieve balance in their lives. In addition to working in the counseling profession for 14+ years, I have a background in the in-home family counseling, domestic violence, and adolescent residential treatment work.

Judy Spinney

Clinician Name- Judy Spinney

Credentials/Licensures- LCSW, RPT-S

Address- 225 Route 23, Hamburg, NJ 07419

Phone- 973-827-6465

E-mail- jspinney@ptd.net

Website- www.judyspinney.com

Can you do school risk assessment- Yes

Insurance coverage-

Is sliding scale available- Yes

Counseling specialty- Trauma focused CBT for documented sex/child abuse or witness to violence

Are emergency services available- Yes

How quickly can patients be seen- Within 5 days

Office hours- T, F, Sat

Psychiatric affiliate- None

Comments-

Kris H. Imbrie

Clinician Name- Kris H. Imbrie

Credentials/Licensures- LCSW, DVS

Address- 3 Theater Center, Sparta NJ 07871

Phone- 973-729-3722

E-mail- kipie52@gmail.com

Website- www.healingforchange.vpweb.com

Can you do school risk assessment- No

Insurance coverage- Accept all insurances with Out-of-Network benefits

Is sliding scale available- Yes

Counseling specialty- Children, Adolescents, Trauma, Domestic Violence, EMDR certified Level II, Energy Psychology

Are emergency services available- Yes

How quickly can patients be seen- Within 7 days

Office hours- MWF 11 AM- 7:30 PM, Sat 9 AM- 4 PM

Psychiatric affiliate-

Comments- I specialize in "difficult" students. I believe many students have been effected by traumatic experiences in their lives and are struggling to manage very difficult residual dysregulated feelings in their bodies. My approach is 3 pronged: #1 Traumatic resolution work, #2 Body Awareness, #3 Developing a personal "Toolkit" to handle those difficult feelings. These methods may help to avoid the pitfall of the psychiatric diagnosis and medication cycle. This work is especially important for young people who might tend to use substances, cutting, sexual acting out etc.... to deal with their overwhelming feelings. Empowering them now with effective tools can help give them a leg up to a healthy, productive, and satisfying future.

Kristy Lavin

Credentials/Licensures- LCSW

Address- 225 Route 23 North, Hamburg, NJ 07419

Phone- 973-250-2367

E-mail- klavintherapy@yahoo.com

Website-

Can you do school risk assessment-

Insurance coverage- Out of network provider

Is sliding scale available- Yes

Counseling specialty- Child/adolescent, Family, Abuse, Trauma, Post-traumatic stress and Substance abuse in families

Are emergency services available- No

How quickly can patients be seen-

Office hours- Weekdays (virtual) and Sunday (in-person)

Psychiatric affiliate-

Comments-

Lakeside Counseling Associates

Clinician Name- Danah Rumble, LPC ACS Director & Melissa Pirnos, LPC ACS Director
Melanie Iacobino, LPC ACS Supervisor, Joanne D'Agosta, LCSW, Deanna Wilpert, LMFT,
Jon Boschen, LCSW, LCADC, Carmelo Colon, LCSW Elizabeth Conran, LAC
Lisa Coppola, LPC, Cynthia Brusco, LPC, Meredith Holick, LPC, Cara Pagan, LAC
Josephine Schiff, LCSW, Caitlyn Song, LPC, Phil Lane, LSW, Ashley Allen, LPC,
Lydia Buchalsi, LCSW, LCADC, Holly Aschoff, LCSW, Kelsey Cox, LAC, Jeany Lally, LPC
Jodina Brizell, LPC, LCADC, Tasha Wehrenberg, LAC, Jennifer Obermiller, LPC

Credentials/Licensures- All our providers are master level clinicians that are licensed in the state of New Jersey. These licenses include LPC, LAC, LCSW, LMFT, LCADC

Address- 350 Sparta Avenue Suite C-2A, Sparta, NJ 07871 and 30 Moran Street, 2nd Floor, Newton NJ 07860

Phone- 973-726-4533- Sparta 973-862-6066- Newton

E-mail- drumble@lakesidecounselingassociates.com, mpirnos@lakesidecounselingassociates.com

Website- www.lakesidecounselingassociates.com

Can you do school risk assessment- Yes, and same day please call 862-432-5306 or 973-600-3558 for same day appointment

Insurance coverage- Horizon, BCBS, Emblem, Anthem, Beacon, Cigna, United, Oxford, Optum, Aetna, Meritain, Magellan, Amerihealth, Tricare, Health Partners and Medicare

Is sliding scale available- Yes

Counseling specialty- We are a multi-specialty group private practice, offering behavioral health services to adults, children and adolescents. We provide individual counseling, couples counseling, family therapy and group therapy in a calm and relaxing outpatient setting. Our diverse team of mental health professionals are dedicated to providing the highest quality of care, personalized for each individual's needs. All of our therapists are experienced licensed professionals with a wide range of specialties and qualifications. Some areas of expertise include child and adolescent therapy, substance abuse evaluations and counseling, risk assessments and evaluations for schools.

Are emergency services available- Yes

How quickly can patients be seen- Same day for risk assessments, all others 48-72 hrs

Office hours- Monday- Saturday 8 AM – 9 PM

Psychiatric affiliate- Yes- Hamilton Behavioral Health

Comments- We provide telehealth services which is a video chat on a HIPAA secure platform for clients who prefer an alternative to in-office visits

Lauren Cardinale

Clinician Name- Lauren Cardinale

Credentials/Licensures- CMS-CHT, FIBH, CPC

Address- Primarily telehealth but can arrange in-person sessions

Phone- 973-418-2170

E-mail- lauren@laurencardinale.com

Website- www.laurencardinale.com

Can you do school risk assessment- No

Insurance coverage- No

Is sliding scale available- Yes

Counseling specialty- Hypnotherapy- Pain Management, Trauma, Medical Issues

Are emergency services available- No

How quickly can patients be seen- Within 48 Hours

Office hours- Monday through Friday by appointment

Psychiatric affiliate- None

Comments- I work with my clients using hypnotherapy to help self-regulate pain more easily, neutralize traumatic experiences, reduce stress and anxiety, and aid in the body healing itself more rapidly. With the changes in protocol for Schedule II controlled substances, self-regulation through complementary modalities is a key component for success- when provided by a hypnotherapist with the proper training. I specialize in pain management and a variety of medical issues, such as cancer, overactive bladder and rheumatoid arthritis, and work as an adjunct to my clients' conventional medical treatment as directed by a physician or therapist.

Lauren Palumbo, LPC

Credentials/Licensures- Licensed Professional Counselor

Address- 409 Main Street, Chester, NJ

Phone- 908-505-8770

E-mail- laurenpalumbolpc@gmail.com

Website- See profile on psychology today website- therapist finder

Can you do school risk assessment- No

Insurance coverage- Out of network provider, I do all of the billing and accept deferred payment from the insurance company

Is sliding scale available- Yes

Counseling specialty- Anxiety, depression, social/peer issues, life transitions. I see adolescents, college students and adults, utilizing CBT and a mindfulness approach

Are emergency services available- No

How quickly can patients be seen- Usually within one week

Office hours- Tuesdays and Wednesdays 4-8, Saturday's 9-2

Psychiatric affiliate- None

Comments- Certified School Counselor

Leslie B. Malnak

Clinician Name- Leslie B. Malnak

Credentials/Licensures- MSW, LCSW, LCADC

Address- 67 Route 15 South, Lafayette, NJ 07848

Phone-973-586-2548

E-mail- lesliemalnak@gmail.com

Website- None

Can you do school risk assessment- Yes

Insurance coverage- Out of Network only

Is sliding scale available- Yes

Counseling specialty- Adolescents, Substance abuse, Family

Are emergency services available- Yes

How quickly can patients be seen- Within 3 days

Office hours- During the school year M, W, Th, F afterschool and Sat mornings. Flexible in summer

Psychiatric affiliate- None

Comments- I have the ability to do urine testing. I have a number of self-harm clients. I do not work with eating disorders. I am also available to speak/do trainings on substance abuse, parenting, self-care and other topics.

Live Well Psychology Center, LLC of Sparta

Clinician Name- Alexandra Miller Clark, Psy.D, MSCP, Hillary Grennan, LCSW, Heidi Keller, PhD, Brittany Wool, LPC

Address- Lake Mohawk- 48 Woodport Road, (2nd Floor, Suite 22), Sparta, NJ 07871

Phone- 973-726-5200

E-mail- alexandra@livewellpsychologycenter.com

hsgrennen@gmail.com, kellerhe18@yahoo.com, boverland314@gmail.com

Website- www.livewellpsychologycenter.com

Can you do school risk assessment- Yes

Insurance coverage- BCBS, Aetna, Cigna, Medicare

Is sliding scale available- Yes

Counseling specialty-

Alexandra Miller Clark, Psy.D: Families are my favorite

Hillary Grennan- Loves providing children and adolescents the tools they need to help overcome anxiety

Heidi Keller, PhD- Comprehensive ADHD Evaluations and Reports; teens and adults with ADHD

Brittany Wool, LPC- Enjoys being an outlet to help empower children, teens and adults to learn tools to help manage their anxiety and depression

Are emergency services available- Yes

How quickly can patients be seen- Within one week

Office hours- Monday-Sunday, daytime and evenings

Psychiatric affiliate- Multiple

Comments- Our practice also handles all of the insurance research and “hassle” to make the process easier for patients. It’s our pleasure to be of service to our wonderful community!

Mark Imbrie

Clinician Name- Mark Imbrie

Credentials/Licensures- Psy.D.

Address- 288 Newton Sparta Road, Newton, NJ 07860

Phone- 973-579-4934

E-mail- mark@originalskateboards.com

Website- None

Can you do school risk assessment- Yes

Insurance coverage- Yes, call to check coverage

Is sliding scale available- Yes

Counseling specialty- I enjoy working with families, older children and teenagers, serious psychiatric challenges, trauma

Are emergency services available- Yes

How quickly can patients be seen- Within 2 weeks

Office hours- T- Sat. Some evenings

Psychiatric affiliate- None

Comments-

Mark Littman, MA

Clinician Name- Mark Littman

Credentials/Licensures- Licensed Professional Counselor (LPC)

Address- 952 Mt. Benevolence Road, Newton NJ 07860

Phone- 973-300-5338 (Main Office), 973-632-6617 (Cell Phone)

E-mail- marklittman1@gmail.com

Website- www.marklittman.com

Can you do school risk assessment- Yes

Insurance coverage- Aetna, Cigna, Out-of-Network, EAP

Is sliding scale available- Determined on a case by case basis

Counseling specialty- Adolescent, Family, Parenting, Couples, Mid-Life Crisis, Pet Therapy and Hypnosis

Are emergency services available- No

How quickly can patients be seen- Usually within 2 days

Office hours- M-Th 9 AM- 8 PM

Psychiatric affiliate- Referral to local psychiatrists as needed

Comments- Please visit www.marklittman for detailed information about my practice.

Mary Jane Aulicino, MSW, LCSW, LLC

Clinician Name- Mary Jane Aulicino

Credentials/Licensures- MSW, LCSW, Certified EMDR therapist

Address- 46 Main Street, Suite 106, Sparta, NJ 07871

Phone- 973-534-9481

E-mail- mjaulicinolcsw@yahoo.com

Website- maryjaneaulicino.com

Can you do school risk assessment- No

Insurance coverage- BC/BS NJ and Out of Network

Is sliding scale available- Yes

Counseling specialty- Children through adults- Recent or long term/complex trauma, behavioral issues, attachment wounds, parenting, anxiety, depression, grief and loss. I utilize EMDR therapy and IFS (internal family systems) models to create an integrative and individualized approach to treatment.

Are emergency services available- No

How quickly can patients be seen- Within week

Office hours- 9 AM – 8 PM, Weekend hours available

Psychiatric affiliate-

Comments-

Mindful Living Counseling Services, LLC

Clinician Name- Mary Helen Kellam

Credentials/Licensures- NBCC, LPC

Address- 17 Woodport Road, Suite 2D, Sparta, NJ 07871

Phone- 201-317-4539

E-mail- mindful.living.counselor@gmail.com

Website- www.mindfullivingcounselingservicesnj.com

Can you do school risk assessment- No

Insurance coverage- Cigna, Qualcare, United Health and Out of Network for other insurances

Is sliding scale available- Yes

Counseling specialty- Self injury, suicide prevention, anxiety, depression, grief/loss, couples counseling, adults, and adolescents. I am Trauma, CBT and DBT informed.

Are emergency services available- Yes

How quickly can patients be seen- Within a few hours

Office hours- By appointment every day of the week except Saturday and Sunday

Psychiatric affiliate- None

Comments- I have approximately 17 years of experience in the field of counseling. I have worked as a High School Counselors for 13 years along with having experience working with students with disabilities at the community college level and have previous agency counseling experience as well.

MJC Institute

Clinician Name- listed below

Credentials/Licensures-

Address- 190 Main Street, Ogdensburg, NJ 07439

Phone- 973-827-1646

E-mail- mjcphd@earthlink.net

Website- None

Can you do school risk assessment- Yes

Insurance coverage- Yes

Is sliding scale available- Yes

Counseling specialty- Children, Adolescents, and Adults

Are emergency services available- No

How quickly can patients be seen- Within 7 days

Office hours- M-Sat Morning, Afternoon, and Evening hours available

Psychiatric affiliate- None

Comments-

1. Deborah Arundel, LCSW
2. Brooke Kennedy Cashion, LPC- leabrooke@hotmail.com
3. Margaret J. Castagna, LPC
4. Sara Mendez Emma, LCSW- sara23@hotmail.com
5. Jane Esposito, LPC, Licensed school psychologist- dr.janeesposito@gmail.com
6. Susan Prager, LPC

Meaningful Living, LLC

Clinician Name- Monica Camarate

Credentials/Licensures- Licensed Professional Counselor and National Certified Counselor

Address- 10 Poplar Tree Lane, Sparta NJ 07871

Phone- 973-670-6145

E-mail- mmbcam@yahoo.com

Website- psychologytoday.com Find a Therapist listing

Can you do school risk assessment- No

Insurance coverage- Aetna, Cigna, BC/BS, Magellan, Concern EAP

Is sliding scale available- Yes

Counseling specialty- Preschool aged children to adolescents and adults. Couples and families. Experience with attachment related problems, behavioral problems, anxiety, social issues, parenting, at risk youth.

Are emergency services available- No

How quickly can patients be seen- Within 7 days

Office hours- M-F 8 AM – 8 PM

Psychiatric affiliate- None

Comments- Certified in Adoption Counseling from Rutgers University and Certificate in Trauma- Focused Cognitive Behavioral Therapy from the FIS Training Institute.

Myra J. Rowland, LPC

Credentials/Licensures- Licensed Professional Counselor

Address- 110 Mudtown Road, Sussex, NJ 07461

Phone- 973-702-0066

E-mail- myrajrowland@yahoo.com

Website-

Can you do school risk assessment- No

Insurance coverage- Some Accepted

Is sliding scale available- Yes

Counseling specialty- I specialize in children and adolescents as well as women's issues and marriage and family counseling

Are emergency services available- Yes

How quickly can patients be seen- Often times that day

Office hours- Open based on clients' needs

Psychiatric affiliate- None

Comments-

Nelson L. Hadler, LLC

Clinician Name- Nelson L. Hadler

Credentials/Licensures- LCSW, LCADC, ICCS

Address-

Phone- 973-713-7957

E-mail- nelsontdi@aol.com

Website- nelsonhadler.com

Can you do school risk assessment- Yes

Insurance coverage- Out of Network

Is sliding scale available- Yes

Counseling specialty- Adolescents, Families, Co-occurring Disorders

Are emergency services available- Yes

How quickly can patients be seen- Within 7 days

Office hours- Flexible

Psychiatric affiliate-

Comments- Telehealth only

New Discoveries Behavioral Health

Clinician Name- Kathleen Burke, Tanya Leonhardt, Tiffany Moss, Joe Schweighardt, Ginny Dinsmore, Megan Williams

Credentials/Licensures- Approved Clinical Supervisor, Licensed Professional Counselor, Licensed Clinical Social Worker, Licensed Associate Counselor, Licensed Social Worker, Certified School Social Worker, Certified School Psychologist, Certified School Counselor.

Address- 117 Seber Road, Unit 2A, Hackettstown, NJ 07840 (Doctors Park complex)

Phone- 862-324-1232

E-mail- NewDiscoveriesBH@gmail.com

Website- www.NewDiscoveriesBH.com

Can you do school risk assessment- No

Insurance Coverage- Most major insurances accepted

Is sliding scale available- No

Counseling specialty- Our diverse staff has the experience and expertise to provide counseling and therapy for mood disorders, anxiety, depression, bipolar, marital and family counseling, parenting skills, and adolescent and teen issues such as impulse control, conflict resolution, communication skills, and social skills.

Are emergency services available- No

How quickly can patients be seen- One to two weeks

Office hours- Monday through Saturday, including evenings.

Psychiatric affiliate- None

Comments- Our team of highly qualified professionals offers mental health services to children, adolescents, and adults in Northern New Jersey. We provide individual psychotherapy and family counseling to help individuals and families struggling with anxiety, depression, stress, trauma, and relationships. Our therapists are dedicated to helping people develop the skills and strategies to make positive changes in thoughts, attitudes, and behaviors that will improve their lives.

NewBridge Services

Clinician Name- Multiple

Credentials/Licensures- LCSW, LSW, APN

Address- 70 Sparta Avenue, Sparta, NJ 07871 (Also have O/P offices in Haskell & Parsippany)

Phone- 973-316-9333

E-mail- services@newbridge.org

Website- www.newbridge.org

Can you do school risk assessment- No

Insurance coverage- Most insurances accepted, including Medicaid, NJ Family Care and Medicare

Is sliding scale available- Yes

Counseling specialty- Children, adolescents, adults and seniors. Focus on mental health and wellness with individual, family, and psychiatric services; trauma-focused, wellness and recovery; and medication monitoring. Children's medication monitoring is managed out of Parsippany office (telehealth available).

Are emergency services available- Yes, for current clients via after-hours call system

How quickly can patients be seen- Varies, up to 4 months

Office hours- M-Th 9 AM – 9 PM, F 9 AM – 5 PM.

Psychiatric affiliate- APN on staff for adults. Children's medication monitoring is managed out of Parsippany office (telehealth available).

Comments- Access to services is through the NewBridge Access Department (phone number above). A specialist speaks with each person seeking assistance to understand their immediate need, and to connect them with a clinician to arrange the initial meeting. NewBridge Counseling in Sparta is staffed by four clinicians who hold credentials in mental health, and one psychiatric advanced practice nurse.

New HOPE Counseling Services, LLC

Clinician Name- Lisa Frisbie

Credentials/Licensures- Med, LPC

Address- Lafayette Professional Building, 168 Route 15 North, Lafayette, NJ 07848

Phone- 973-903-3215

E-mail- newhopecounselingservicesllc@gmail.com

Website-

Can you do school risk assessment- No

Insurance coverage- Out of Network Provider

Is sliding scale available- Yes

Counseling specialty- Assisting young adults and adults to identify challenges, determine goals, establish plans for what they have control over and gain acceptance for what they do not. Counseling emphasis on boundaries, making healthy decisions and forging positive relationships, with extensive experience in the issues of, body image, grief and loss, divorced/blended families, and the impact of a friend or family member's harmful substance use. Specialty in supporting parents through childrearing, separation/divorce, and life transitions.

Are emergency services available- No

How quickly can patients be seen- Within several days

Office hours- Tuesday in person, Wednesdays virtual

Psychiatric affiliate-

Comments-

Newton Medical Center- Psychiatric Emergency Services

Address- 175 High Street, Newton, NJ 07860

Phone- 973-383-0973

Website- <https://www.atlantichealth.org/conditions-treatments/behavioral-health/crisis-intervention.html>

Can you do school risk assessment- Yes

Insurance coverage- Yes

Is sliding scale available- Yes

Counseling specialty- Psychiatric Emergency Risk Assessment

Are emergency services available- Yes

How quickly can patients be seen- Immediately

Office hours- 25 Hours

Psychiatric affiliate- On staff

North Jersey Counseling Associates, LLC/ Deborah Kopko Vitale

Clinician Name- Deborah Kopko Vitale, MS, PhD, BCC, MFT, NCC, LPC, LCADC, ACS

Credentials/Licensures- (LPC) Licensed Professional Counselor, (MFT) Marriage and Family Therapist, (LCADC) Licensed Clinical Addiction Counselor, (ACS) Approved Clinical Supervisor

Address- 804 Rt. 517, Glenwood, NJ 07418; 92 Route 23 North, Riverdale, NJ 07457; 49E Midland Avenue, Paramus, NJ 07652

Phone- 973-764-8845

E-mail- northjerseycounseling@yahoo.com

Website- northjerseycounseling.com

Can you do school risk assessment- Yes

Insurance coverage- Blue Cross Blue Shield, Cigna, EAP, United Behavioral Health, Oxford, Optum, Beacon Health Services/Value Options, Out of Network plans

Is sliding scale available- Yes, for private pay clients

Counseling specialty- Individual, Couple and Family Therapy; Specializing in Trauma, Mental Health, and Co-Occurring, Ages 6 and up, children, adolescents, adults and geriatrics

Are emergency services available- No

How quickly can patients be seen- Within 1 week or less

Office hours- Monday 10am-7pm, Tuesday 10am-7pm, Wednesday 10am-7pm, Thursday 10am-4 pm; By appointment only

Psychiatric affiliate- Referrals are made to local psychiatrists for medication management or psychiatric services

Comments- Telehealth services available

Paul Rockwood, Ph.D.

Clinician Name- Paul Rockwood

Credentials/Licensures- Ph.D., LCSW, LMFT

Address- 350 Sparta Ave. C-8, Sparta, NJ 07871

Phone- 973-729-1966

E-mail- prockwo@gmail.com

Website- www.drpaulrockwood.com

Can you do school risk assessment- Yes. I worked on CST and as a Crisis Counselor for many years in the school setting

Insurance coverage- I am on numerous panels

Is sliding scale available- Yes

Counseling specialty- Adolescents exhibiting behavior problems, substance abuse, Asperger symptoms, social skills issues, and IEP-504 issues: Marriage and Family Therapy

Are emergency services available- Can be called or texted 24/7

How quickly can patients be seen- Patients can be seen within 24 hours or same day, if necessary

Office hours- Monday- Thursday 12PM- 9 PM

Psychiatric affiliate- D. Drumm, J. Blanchard, and L. Suckno

Comments- I have been working with children, adolescents and families all my career in the public school setting, mental health settings and in my private practice. I utilize principals of Cognitive, Reality and Family Systems therapy.

Psychological Associates of Northern NJ, LLC

Clinician Name- Jamie Walsh, Roberta Fallig

Credentials/Licensures- Staff members are licensed and permitted psychologists, clinical social workers, school psychologists, testing specialists, drug, and alcohol counselors, etc

Address- 39 B Newton/Sparta Road, Andover Twp., NJ 07860,
254 B Mountain Avenue, Suite 202 Hackettstown, NJ 07840

Phone- 908-979-1144 ext. 24

E-mail- jwalshmsw@gmail.com

Website- www.psychassocnj.com

Can you do school risk assessment- No

Insurance coverage- Yes

Is sliding scale available- Yes

Counseling specialty- The practice addresses a wide variety of issues and serves all age groups. The contact person will be able to guide clients to a therapist that would best fit their needs.

Are emergency services available- No

How quickly can patients be seen- Within 7 days

Office hours-

Psychiatric affiliate-

Comments-

Rosemary A. Menger, LPC, LCADC

Credentials/Licensures- LPC, LCADC

Address- 21 Main Street, Sparta NJ 07871

Phone- 908-852-1324 (Office), 973-903-9483 (Cell)

E-mail- rmenger@centurylink.net

Website-

Can you do school risk assessment- Yes

Insurance coverage- Yes

Is sliding scale available- Yes

Counseling specialty- Counseling- children, adolescents, adults, marital therapy

Are emergency services available- Yes

How quickly can patients be seen- Within 24-48 Hours

Office hours- M-F 9 AM- 6 PM, Saturday 9 AM- 2:30 PM

Psychiatric affiliate- I have several I will refer to if necessary

Comments-

Highland Psychiatric Associates and J&J Healthcare

Clinician Name- Sanjeevani Jain

Credentials/Licensures- MD

Address- 70 Sparta Avenue, Suite 206-208, Sparta, NJ 07871, and 1575 Route 517, Building B, Suite 300 Hackettstown, NJ 07840

Phone- 973-729-2991- Sparta 908-852-4084- Hackettstown

E-mail- highlandpsychiatric@gmail.com Sparta location and sanjeevanijainmd@gmail.com Hackettstown location

Website- None

Can you do school risk assessment- Yes

Insurance coverage- QualCare

Is sliding scale available- No

Counseling specialty- Psychiatric evaluation, diagnosis, and medication management, ADHD testing. Children, adolescents, and adults

Are emergency services available- Yes

How quickly can patients be seen- Within 24 Hours

Office hours- M-F Morning, Afternoon, and Evening appointments available

Psychiatric affiliate-

Comments-

Sapphire Counseling, LLC

Clinician Name- Lois Ferguson

Credentials/Licensures- Licensed Professional Counselor, Disaster Response Crisis Counselor

Address- 10 Poplar Tree Lane, Sparta, NJ 07871

Phone- 973-534-9807

E-mail- sapphirecounseling@outlook.com

Website- profile available on psychologytoday.com

Can you do school risk assessment- No

Insurance coverage- In-Network with Cigna. Out-of-Network with Blue Cross/Blue Shield and Aetna. I will also work with clients eligible for Victims of Crime Compensation Office funding.

Is sliding scale available- No

Counseling specialty- Crisis intervention, Trauma treatment, Crime victims, Anxiety, Depression

Are emergency services available- Yes

How quickly can patients be seen- Within 7 days

Office hours- Hours vary and are flexible

Psychiatric affiliate- None. Referrals will be provided to clients in need.

Comments- I am offering online services to students aged 15 and up

Shirley de Knecht-Kuzik

Clinician Name- Shirley de Knecht-Kuzik

Credentials/Licensures- LCSW, LCADC

Address- 37 Main Street, Suite 1091, Sparta, NJ 07871

Phone- 973-945-1322

E-mail- sdeknechtkuzik@gmail.com

Website- None

Can you do school risk assessment- No

Insurance coverage- Yes, most insurances accepted

Is sliding scale available- Yes

Counseling specialty- Mental health/Substance abuse

Are emergency services available- No

How quickly can patients be seen- Within 2 days

Office hours- T-Th 9 AM- 9 PM

Psychiatric affiliate- None

Comments-

Silver Lining Services, LLC

Clinician Name- Christine Webber, Kate Ravielli, Megan Jerome, Jessica Gallego, Allison McCurry, Katy Szatkiewicz

Credentials/Licensures- MSW/LSW/LCSW, MA/LAC

Address- remote (offering telehealth and in-home therapy)

Phone- 862-432-3453

E-mail- silverliningbilling@gmail.com

Website- <https://christine-webber.clientsecure.me/>

Can you do school risk assessment- Yes- for existing clients

Insurance coverage- Out of Network (Courtesy billing offered)

Is sliding scale available- Yes

Counseling specialty- Individual and family therapy in these areas: anxiety, OCD, family conflict, sports performance, trauma, peer issues and self-esteem issues. Therapeutic techniques used include cognitive-behavioral therapy, solution-focused therapy and play therapy.

Are emergency services available- No

How quickly can patients be seen- Within 7 days

Office hours- Flexible scheduling around school, sports & work schedules; weekends available

Psychiatric affiliate- None

Comments- Our seasoned clinicians have experience working with children and families in many settings including schools, non-profit child welfare agencies and outpatient mental health agencies.

Skylands Wellness, LLC

Clinician Name- Nicole Bolognini, Jaime Solano, Jessica Gallego

Credentials/Licensures- LCSW, PMH-C

Address- 16 Church Street, Newton, NJ/ 1850 US 46 Ledgewood, NJ & Telehealth

Phone- 973-527-4539

E-mail- nicole@skylandswellness.com

Website- www.skylandswellness.com

Can you do school risk assessment- No

Insurance coverage- Out of Network

Is sliding scale available- Yes, limited slots available

Counseling specialty- Outpatient therapy, with a focus on children/teens (Newton Office), parenting therapy, family therapy, perinatal mental health, attachment/bonding.

Are emergency services available- No

How quickly can patients be seen- Same week as referral

Office hours- Monday – Saturday, evening and evening appointments available

Psychiatric affiliate- Referrals provided

Comments- Visit our website for more information www.skylandswellness.com

St. Clare's Hospital

Clinician Name- Nina Kooper

Credentials/Licensures- MA, CSW Operations Manager Behavioral Health Evaluation and Referral Services and Case Management Departments

Address- 130 Powerville Road, Boonton, NJ 07005

Phone- 888-626-2111 for appointments or call Nina Kooper at 973-316-1977

E-mail- ninakooper@primehealthcare.com

Website- www.saintclares.org

Can you do school risk assessment- Yes

Insurance coverage- Yes. Not in network with United Health Care, Optum, Oxford, GHI, PHS, NJ Carpenters Health Fund and some TriCare up to this date.

Is sliding scale available- No

Counseling specialty- Intakes for children through geriatric population

Are emergency services available- Yes

How quickly can patients be seen- Most same day appointments for level of care evaluation or risk assessment for schools or within 24 hours

Office hours- 8:30 AM – 6 PM Closed holidays and weekends

Psychiatric affiliate- On Staff

Comments- We now have 100 school contracts in Morris, Sussex and Essex Counties to do risk assessments.

Strength for Change, LLC

Clinician Name- Paul DePinto and Bernie Ivin

Credentials/Licensures- LCSW, LPC

Address- 22 Howard Blvd. Suite 101, Mount Arlington, NJ 07856

Phone- 973-770-7600

E-mail- strengthforchange@verizon.net

Website- www.strengthforchange.com

Can you do school risk assessment- Yes

Insurance coverage- Out-of-Network

Is sliding scale available- No

Counseling specialty- Adolescents and Adults struggling with a wide array of life difficulties including depression, anxiety, substance abuse, ADHD/ODD and personality issues.

Are emergency services available- No

How quickly can patients be seen- Within 7 days

Office hours- M-F 9 AM- 10 PM, weekend appointments available

Psychiatric affiliate- Katherine Feingold, Lee Suckno, Bruce Friedma, and Salvatore Moreno

Comments- Please visit our website for detailed information on clinicians and services.

Summit Behavioral Health (Formerly Treatment Dynamics)

Clinician Name- Stephanie Kresch

Credentials/Licensures- All of our clinicians are master's level and most are dually licensed.

Address- 256 Columbia Turnpike, Suite 100 N, Florham Park, NJ 07932

Phone- 973-593-0090

E-mail- stephaniekresch@summithelps.com

Website- summitbehavioralhealth.com

Can you do school risk assessment- No

Insurance coverage-

Is sliding scale available- Possibly

Counseling specialty- Substance abuse, adolescents, co-occurring disorder, multiple levels of care

Are emergency services available- No

How quickly can patients be seen- Within 5 days

Office hours- M-F 9 AM -9 PM

Psychiatric affiliate- David Goldbloom

Comments- Adult and adolescent treatment. Full continuum of care, individual, family, IOP, PHP, on site psychiatrist. Transportation available for adolescents.

Dr. Susan Herschman

Credentials/Licensures- Licensed Psychologist and Certified School Psychologist

Address- 2 West Hanover Avenue, Suite 203, Randolph, NJ 07869

Phone- 973-983-8321 **Fax-** 973-983-2680

E-mail- susanherschman@gmail.com

Website- www.psychologistsusanherschman.com

Can you do school risk assessment- Yes

Insurance coverage- Out of Network Provider

Is sliding scale available- No

Counseling specialty- Conducts psychological testing, individual, couple and family psychotherapy. Specializes in work with children, adolescents and parenting/child management. Works with anxiety, depression, stress, school refusal/avoidance, anger, mood disorders, gender issues and family conflict.

Are emergency services available- Yes

How quickly can patients be seen- Within 1 week

Office hours- Monday, Tuesday, Wednesday and Friday after 3 PM

Psychiatric affiliate- Works with several psychiatrists

Comments-

Sussex County Child and Family Counseling

Clinician Name- Charles J. Carroll

Credentials/Licensures- L.C.S.W.

Address- 101 Main Street, Suite 1 Sparta, NJ 07871

Phone- 973-729-6333

E-mail- cjarrolljr@yahoo.com

Website- None

Can you do school risk assessment- No

Insurance coverage- Most Horizon plans, Cigna, many union plans

Is sliding scale available- Yes

Counseling specialty- Families and children, AD/HD, Behavior disorders and Social Development Issues

Are emergency services available- No

How quickly can patients be seen- Within 48 hours

Office hours- M-F 9 AM- 7 PM, Sat 8 AM- 2 PM (excluding summers)

Psychiatric affiliate- Robert M. Parinello, M.D.

Comments-

The Family Center for Behavioral Health

Clinician Name- Dr. Bob DeYoung

Credentials/Licensures- Licensed in Pennsylvania and New York (LPC/LMHC), Credentialed Alcohol and Substance Abuse Counselor, as well as Gambling Counselor, and OASAS Approved DWI Evaluator (NY)

Certified in Biofeedback (BCIA), EMDR, and HeartRate Variability Training (HRV)

Certified Marriage & Family Therapist

Certified Advanced Graduate Studies (CAGS) in Cognitive Behavior Therapy (PCOM)

Address- 104 West High Street, Milford, PA, 18337

Phone- 570-296-3825

E-mail- rrdy123@yahoo.com

Website- www.drbobdeyoung.com

Can you do school risk assessment- Yes, I have completed many throughout the years- usually within several days to one week of referral

Insurance coverage- Out of Network Coverage

Is sliding scale available- Regular fee is \$150 per 1 hour session (a bit more for evaluations), and in extreme case, I'll provide a sliding scale.

Counseling specialty- I have been in the Mental Health field since 1978, and I'm credentialed/certified in Marriage and Family Therapy, CBT, EMDR, HRV, Hypnosis, Alcohol/Substance Abuse, Gambling, Biofeedback, etc.

Are emergency services available-

How quickly can patients be seen- Within 1 to 2 weeks

Office hours- M-F 9 AM-8 PM, Sat 8 AM- 2 PM

Psychiatric affiliate- None

Comments- I am not affiliated with any other professionals, and I am in private practice- full time, so arranging appointments within a reasonable time is not a problem.

Tree House Therapy Services, LLC

Clinician Name- Gina Adone, PsyD and Jessica Platt, PhD

Credentials/Licensures- Licensed Clinical Psychologists

Address- 225 Route 23 North, Hamburg NJ and 50 Wilson Drive, Sparta NJ

Phone- 973-864-2800

E-mail- gmlamana@yahoo.com

Website- www.treehousetherapy.org

Can you do school risk assessment- Yes

Insurance coverage- Medicaid for children only, rest are Out of Network

Is sliding scale available- Yes

Counseling specialty- Children and families, trauma and women's health

Are emergency services available- Varies

How quickly can patients be seen- Varies

Office hours- Varies

Psychiatric affiliate- None

Comments-

Tri-County Behavioral Care

Clinician Name- Multi-Specialty Group Practice with 2 locations and 15 providers

Credentials/Licensures- LCSW/LPC

Address- 172 Woodport Road Suite E, Sparta, NJ 07871 and 3155 Route 10 East Suite LL 100, Denville, NJ 07834

Phone- 973-691-3030

E-mail- kellyc.tcbc@gmail.com

Website- www.tbcllc.org

Can you do school risk assessment- Yes

Insurance coverage- We accept all private insurance including Medicare. We do not accept Medicaid as we are a private practice and therefore not allowed on the Medicaid panel.

Is sliding scale available- Yes

Counseling specialty- Child, Teen, Adult, Couple, Family, Group

Are emergency services available- No

How quickly can patients be seen- Within 48 Hours

Office hours- 9 am – 9 pm M-Th, 9 am – 6 pm Friday. Saturday hours available

Psychiatric affiliate- N/A.

Comments- TCBC is a multispecialty group practice with 2 locations. We are easily accessible in Sussex and Morris Counties. Our therapists are highly training in their area of expertise. They are warm, welcoming, and ready to meet the needs of their clients. Our dedicated administrative staff assists clients with scheduling needs. We can schedule clients in the same week they call. We also handle all the insurance needs to take the guess work out of the equation. TCBC also has an IIC division through the Children's System of Care to provide Intensive In-Community Psychotherapy. Our IIC serves children and families in Morris, Sussex, Warren, Hunterdon, Somerset, Bergen, Passaic, and Union Counties.

True Colors for Creative Therapy LLC

Clinician Name- Jennifer Whitlock

Credentials/Licensures- MA, LPC, ACS

Address- Telecounseling as well as in-person services in Easton, PA

Phone- 973-222-3750- Jennifer

E-mail- jen@jenwhitlock.com

Website- www.jenwhitlock.com

Can you do school risk assessment- No

Insurance coverage- Aetna, Horizon non-medicaid

Is sliding scale available- No

Counseling specialty- Teenagers, Gender Variant individuals, and LGBT youth. My website describes my approach to gender nonconforming individuals.

<http://www.jenwhitlock.com/genderservices.html>

Are emergency services available- No

How quickly can patients be seen- 1-7 days. Jen offers a free 15-minute consult to see if a client is a good match, which can be scheduled with this link: <https://jennifer-whitlock4284.clientsecure.me/>

Office hours- M-F 11 AM- 7 PM, Other times available upon request. No weekend appointments available

Psychiatric affiliate- None

Comments-

Vernon Counseling Services

Clinician Name- Patricia DeCoste

Credentials/Licensures- LPC, LCADC

Address- 529 Route 515, Suite 204, Vernon, NJ 07462

Phone- 973-557-6242

E-mail- patdecoste@gmail.com

Website- None

Can you do school risk assessment- No

Insurance coverage- We take insurance or self-pay

Is sliding scale available- Yes

Counseling specialty- Adolescents, Adults, Families. Mental health issues including depression, anxiety, OCD, trauma, self-injury, school refusal, substance abuse issues including evaluations and co-dependency issues. EMDR certified.

Are emergency services available- No

How quickly can patients be seen-

Office hours-

Psychiatric affiliate-

Comments-

Vernon Counseling Services

Clinician Name- Lois Reinhardt

Credentials/Licensures- RN, LPC/NCC

Address- 529 Route 515, Suite 204 Vernon, NJ 07462

Phone- 973-764-5000 ext. 1

E-mail- Irein@ptd.net

Website- None

Can you do school risk assessment- Yes

Insurance coverage- All major insurances

Is sliding scale available- Yes

Counseling specialty- Family therapy, individual child and adult therapy

Are emergency services available- Yes

How quickly can patients be seen- Within 7 days

Office hours- M-F 9 AM- 9 PM, Sat on request

Psychiatric affiliate- Yes

Comments-

Wellness Therapy Services LLC

Clinician Name- Jolene Hegarty

Credentials/Licensures- EdS, MA, LPC

Address- 52 Newton Sparta Road, Newton, NJ 07860

Phone- 973-229-9469

E-mail- wellnesstherapyservicesllc@gmail.com

Website- <https://jolene-hegarty.clientsecure.me/>

Can you do school risk assessment- No

Insurance coverage- Out of Network Provider

Is sliding scale available- No

Counseling specialty- Anger Management, Anxiety, Bullying, Chronic Illness, Codependency, Conflict Resolution, Coping Skills, Depression, Divorce, Grief, Internet and/or Video Game Addiction, Lack of Impulse Control, Life Transitions, Peer Communication, School Refusal, Self-Esteem and Stress Management.

Are emergency services available- No

How quickly can patients be seen- Within 7 days

Office hours- Varies

Psychiatric affiliate- Fiorella Paradisi, MSN, DNP ©, PMHNP, SANE

Comments- I know it can be hard to get to the point where you do not know what else to do, so please do not hesitate to reach out for help for yourself or a loved one. I am a Licensed Professional Counselor with extensive experience within the school system and in the mental health field working with children, adolescents and families with diverse needs. I use an integrative methodology including a Strengths-Based Approach, Cognitive Behavioral Therapy (CBT), and Systems Theory (working with peers, family, school, work and community) which include creative techniques that are individual to each client.

Willow Tree Therapy Services, LLC

Clinician Name- Multiple clinicians with varying degrees

Credentials/Licensures- Ph.D., LPC's, LMFT's, LCSW's, and LCADC's

Address- 25 Main Street, Rear Entrance, Sparta, NJ 07871

Phone- 973-903-5431

E-mail- willowtreetherapy2@gmail.com

Website- <https://www.willowtreetherapyservices.com/>

Can you do school risk assessment- Yes

Insurance coverage- Out of network, generous sliding scale

Is sliding scale available- Yes

Counseling specialty- Family, child, adolescent, adult, couples

Are emergency services available- Yes

How quickly can patients be seen- 24 hours

Office hours- 8 AM – 10 PM

Psychiatric affiliate- Advanced Behavioral Counseling Northern New Jersey- Deborah Drumm

Comments- We offer a wide range of mental health and substance use services. In addition, we have specialized trauma treatment, couples therapy, and child therapy from age 3+. We have several highly skilled clinicians, both full time and part time. We are an Intoxicated Drivers Resource Center affiliate and specialize in substance use treatment, evaluations and urine drug screens for children and adults. Someone will answer your call immediately and address individualized needs on a case-by-case basis. We can provide safe and comfortable in person therapy as well as telehealth to suite any individual or family need. If we cannot assist someone, we will refer to the community therapists that we are familiar with that can work with a particular issue.

Youth Advocate Program Morris Sussex

Clinician Name- various

Credentials/Licensures- LAC/LSW; LPC/LCSW

Address- 328 Sparta Avenue, Suite E; Sparta, NJ 07871

Phone- 973-729-3617

E-mail- nraftopoulos@yapinc.org

Website- <https://www.yapinc.org/Locations/Morris-Sussex>

Can you do school risk assessment- no

Insurance coverage- Medicaid only

Is sliding scale available- Yes, for those without mental health insurance coverage

Counseling specialty- Some therapists provide TF-CBT (trauma); all therapists can provide CBT; individual and family therapy

Are emergency services available- No

How quickly can patients be seen- 4 weeks

Office hours- M-F 9 am – 8 pm; Sat. varies; Telehealth/Virtual services also available

Psychiatric affiliate- YAP has a Nurse Practitioner now available every Tuesday, 11 am – 7 pm for psychiatric evaluations and medication monitoring

Comments- Services provided for ages 5 - adult

Sussex County Resource Numbers For Adolescent Substance Abuse Treatment

Ambulance/Police/Overdose	911
National Suicide & Crisis Lifeline	988
Psychiatric Emergency Services	973-383-0973
<i>Sussex County Mental Health Crisis Intervention Hotline</i>	
Early Intervention Support Services Wellness Hub (18 and older)	973-840-1850
<i>Mental Health Urgent Care and Drop-in Support Center</i>	
 INFORMATION/REFERRALS/SUPPORT	
Caring Partners of Morris & Sussex	973-770-5505
NJ Children's System of Care Hotline - PerformCare	877-652-7624
NJ Addiction Services and Referral Hotline	844-276-2777
Partnership to End Addiction	Text CONNECT to 55753
ReachNJ Addiction Helpline	844-732-2465
Sussex County Recovery Helpline (Center for Prevention & Counseling)	844-722-5327
Sussex County Division of Community & Youth Services	973-940-5200 X 1379
 OUTPATIENT SUBSTANCE USE TREATMENT	
Aspire Counseling Services , Pompton Plains	973-737-8400
<i>Substance Use Counseling, IOP, PHP</i>	
Center for Prevention & Counseling , Newton	973-383-4787
<i>Substance Use Screening, Evaluation, Counseling and IOP</i>	
High Focus Centers , Parsippany	877-792-6430
<i>Substance Use and Mental Health Counseling and IOP</i>	
Lakeside Counseling Associates , Newton/Sparta	973-726-4533
<i>Mental Health and Substance Use Counseling</i>	
NewBridge Counseling , Sparta	973-726-0697
<i>Mental Health and Substance Use Counseling</i>	
New Pathway , Pine Brook	201-436-1022
<i>Mental Health and Substance Use Counseling, PHP</i>	
Willow Tree Therapy Services , Sparta/Andover	973-903-5431
<i>Substance Use and Mental Health Evaluation and Counseling</i>	
OUTPATIENT MENTAL HEALTH TREATMENT	
Atlantic Behavioral Health , Newton	888-247-1400
<i>Psychotherapy and Medication Management</i>	
Center for Evaluation and Counseling , Sparta	973-512-3700
<i>Mental health evaluation and treatment</i>	
Psychological Associates of North Jersey , Andover	908-979-1144
<i>Mental health evaluation and treatment</i>	
St. Clare's , Boonton	973-299-5436
<i>Partial Hospitalization Program</i>	
INPATIENT/RESIDENTIAL TREATMENT	
New Hope , Marlboro	732-946-3030 X 3
<i>Withdrawal management and intensive inpatient</i>	
Carrier Clinic East Mountain Youth Lodge , Belle Meade	800-933-3579
<i>Residential</i>	
OTHER	
Recovery High School , Roselle	732-381-4100

Center for Prevention and Counseling, 61 Spring St., Newton, NJ 07860
973-383-4787; info@centerforprevention.org; www.centerforprevention.org