



# WINTER RECOVERY EVENTS FEBRUARY



## Family Movie & Popcorn Night - Groundhog Day Friday, February 2 • 7:00 - 9:00 PM

Gather your loved ones and pop over to the RCC for a movie night featuring a comedy classic, complete with popcorn and refreshments.



## Super Bowl Watch Party Sunday, February 11 • 5:00 - 10:00 PM

Watch the Super Bowl on the big screen in a comfortable substance-free environment. Food and refreshments will be served.



## Rise Up Singing Recovery Choir Sunday, February 4 & 18 • 4:30 - 5:30 PM

Join our expanding A Cappella Choir Group - no experience necessary



## J.A.M. Journey Through Arts & Music Saturday, February 17 • 7:00 - 9:00 PM

Open Mic Night at the RCC! JAM-out, bring your instruments or just relax and enjoy the show and fellowship. Youth are welcome if accompanied by an adult.

NEW

## Open to Hope Grief Group - February 22 • 6:00 - 7:30 PM

A peer support meeting for those who have lost a loved one due to the impact of substance use, overdose, or addiction. This in-person group meets to share one's grief with others who have experienced a similar loss and provide an opportunity for healing.

NEW



## Budget-Friendly Gourmet Cooking Class Wednesday, February 28 • 12:30 - 1:30 PM Thursday, February 29 • 5:30 - 6:30 PM

Learn how to create simple and delicious meals on a budget.  
Registration is required at [tinyurl.com/cookingclassfeb24](https://tinyurl.com/cookingclassfeb24)  
Space is limited - please register for one date only



For transportation assistance  
contact [jim@centerforprevention.org](mailto:jim@centerforprevention.org)



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