

March | 2025

### TACKLING TEEN VAPING: DRUG AND ALCOHOL FACTS WEEK

Professionals working with teens and parents have a unique opportunity to address the growing concern of vaping, which is the most commonly used tobacco product by teens across the U.S., during Drug and Alcohol Facts week (March 17-23). According to the CDC, 2.13 million teens report using a vape or e-cigarette within the last month, with over a quarter of those using daily. These alarming facts highlight the need for education on the risks associated with vaping, which contains nicotine and other chemicals that can harm a teen's developing brain. Resources like The National Institute of Drug Abuse offer educational activities. videos. and Kahoot! guizzes that can be used so youth can learn what science has about drug taught us use and addiction. You can learn more about your role in protecting teens in schools and out from the CDC or Truth Initiative.





### DIGITAL LEARNING IN JERSEY CITY

In celebration of Digital Learning Day, observed on February 27th, we're Whole highlighting School, Whole Community, Whole (WSCC) Child grantee, Joseph H. Brensinger Elementary School, PS17 in Jersey City. PS17 pioneers digital learning through its Verizon Innovation Grant. This grant has empowered the school to integrate cutting-edge technologies like Virtual Reality, Augmented Reality, and 3D printing into the classroom, enhancing students' digital learning experiences. Through the Verizon Innovative Learning Lab, students are gaining valuable STEM skills while engaging with modern, gamified methods that bring real-world theory to life. This initiative highlights the transformative power of digital learning, fostering a future-ready generation of students. Great job PS17! You can find out more about this amazing initiative here.

# \*\*\*\*

### YOUTH ADVISORY BOARD SPOTLIGHT

February, the Youth Advisory Board In collaborated with Incorruptible.US and DASI Assault (Domestic and Sexual Assault Intervention Services) of Sussex County for Dating Violence Awareness month. Teen Sussex County Technical School students were invited to a conversation about love, respect, and boundaries, all while creating heartfelt Valentine's Day cards for the people who inspire their most positive relationships.



Additionally, teens had the opportunity to explore valuable resources available both at their school and throughout the county to support healthy relationships.



Youth Advisory Board members were invited to participate in the making of the 2025 Youth Leadership Conference's theme and logo for 2025. The contest winner's design serves as inspiration for the day's leadership-building programming and will also be featured on giveaway merchandise at the event. Out of many amazing submissions, a variation of winning member Elizabeth's YAB design 'Nourish to Flourish' will be featured as this year's conference theme. Thank you to positive. Elizabeth for designing such a inspiring message for your peers and for the conference!







REACH OUT TO RACHELK@CENTERFORPREVENTION.ORG FOR MORE INFORMATION ON HOW YOUR STUDENTS CAN GET INVOLVED WITH CFPC'S YAB!







COMMENTS & QUESTIONS: EMAIL TAMARA@CENTERFORPREVENTION.ORG

## **THE 2025 YOUTH LEADERSHIP CONFERENCE REGISTRATION IS NOW OPEN! SCAN THE QR CODE OR CLICK ON THE FLYER TO REGISTER.**



