



WSSCC

WHOLE SCHOOL. WHOLE COMMUNITY. WHOLE CHILD. NEWSLETTER



April | 2025

SPRING INTO ACTION FOR EARTH DAY

As April rolls on, so do spring showers, budding flowers, and a perfect opportunity to help students connect with the world around them. Earth Day is a great time to engage young learners in meaningful, hands-on activities that promote environmental awareness and responsibility, but the fun doesn't have to stop when the day is over!

From creating art with recycled materials to going on a nature scavenger hunt or even starting a classroom or school garden, there are so many ways to make Earth Day last all Spring long. These experiences not only spark curiosity, but help students build a lasting connection to their environment.

Earth Day opened the door to important conversations about topics like sustainability and how even small actions can make a difference. By giving students a chance to take part in these discussions and activities, we're helping them develop a sense of responsibility —

and the belief that they can be part of the solution.

Looking for more ideas?

You can find plenty of Earth Day resources at [EarthDay.org](https://www.earthday.org).



CREATIVE WAYS TO CELEBRATE ALL SPRING LONG: FUN IDEAS FOR ALL AGES

Hands-On Activities

- Recycled Art: Create crafts using bottle caps, boxes, or paper scraps.
- Plant Something: Start a class garden or plant seeds in pots.
- Nature Walk: Observe, sketch, and journal outside.

Educational Ideas

- EcoBook Read-Alouds: Try *The Lorax* or *We Are Water Protectors*.
- Earth Day Pledges: Write and decorate one way to help the planet.
- Science Connection: Explore topics like ecosystems or the water cycle.

School-Wide Events

- Earth Day Fair: Each class shares a project or display.
- Green Spirit Week: Themed days like "No Trash Tuesday."

Simple but Impactful

- Lights-Out Hour: Power down to save energy.
- Waste-Free Lunch: Encourage reusable containers.



YOUTH ADVISORY BOARD SPOTLIGHT



On March 25th, the Northern NJ Youth Advisory Board joined the NJ Department of Health Youth Advisory Board Statewide meeting virtually to unite their voices at the state level. Head Chair Chadi highlighted NNJ YAB's accomplishments over the past year to both peers and NJ Department of Health officials. Additionally, attendees discussed key teen health issues such as substance use, life after high school, body image, and more, all while working to create change. Thanks to Chadi and the NNJ YAB members for sharing their voices.

What We've Accomplished So Far

Financial Literacy Workshop: Teaching peers how to manage money.

Self Perception: Promoting mental health and body positivity representation.

Dating Violence: Discussing many ways dating violence happens and how we can aid.

During March, Sussex County Technical School Youth Advisory Board members participated in Take Down Tobacco, a national day of youth action against big tobacco. Students ran a table where they educated peers on the harmful effects of smoking through games, encouraging each other to write down personal reasons for taking down tobacco. They also handed out quit resources, including the free textline 47848 specifically for youth.



@YAB_NNJ

[REACH OUT TO RACHELK@CENTERFORPREVENTION.ORG](mailto:RACHELK@CENTERFORPREVENTION.ORG) FOR MORE INFORMATION ON
[HOW YOUR STUDENTS CAN GET INVOLVED WITH CFPC'S YAB!](#)

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NJHealth
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