

Clinician Directory

A Guide of Local Resources
for Adolescents and Families

Brought to you by:

*The Sussex County
School Counselor's Association*

Created by:



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Note: Information was provided directly from therapists and counselors who treat adolescents and families. It is not inclusive of all Sussex County providers, only those who replied to request inclusion. Please email jenn@centerforprevention.org with any changes or questions.

Name of Agency- Advanced Behavioral Counseling of NNJ, LLC

Clinician Name- Deborah Drumm, Sandra Winters, Doreen Rasp, Kathleen Kilcoyne, Molly Hird, and Elizabeth Patterson

Credentials/Licensures- Psychiatric Advanced Practice Nurse, Certified Practitioner in Clinical Aromatherapy, Family Nurse Practitioner, Licensed Professional Counselor, Licensed Clinical Social Worker

Address- 55 Newton- Sparta Road, Suite 103, 104, Newton, NJ 07860

Phone- 973-579-9394

E-mail- help@abcnnj.com

Website- www.abcnnj.com

Can you do school risk assessment- Yes (Molly Hird)

Insurance coverage- Medicare, will work with out of network plans

Is sliding scale available- On a limited basis

Counseling specialty- Depression, Sleep Disorders, Anxiety, Bipolar and various mood disorders, Severe persistent mental illness

Are emergency services available- Limited

How quickly can patients be seen- Varies often within 1-2 weeks

Office hours- Monday, Tuesday, Friday 11 am – 6 pm. Call for availability, some evenings and weekends

Psychiatric affiliate- Bridgeway Rehabilitation Services, Atlantic Health Systems, Advanced Behavioral Counseling,

Comments- Pharmacological Management

Name of Agency- Alexandra Miller, Live Well Psychology Center, LLC

Clinician Name- Alexandra Miller Clark, PsyD, MSCP

Takako "Taki" Komatsuzaki, APN

Brittany Wool, LPC

Heidi Keller, PhD

Hillary Grennan, LCSW

John Voltarelli, LAC

Credentials/Licensures- PsyD, MSCP, APN, LPC, PhD, LCSW, LAC

Address- 48 Woodport Road, Suite 22, Sparta, NJ 07871

Phone- 973-726-5200

E-mail- office@livewellpsychologycenter.com; alexandra@livewellpsychologycenter.com;
bwool@livewellpsychologycenter.com

Website- www.livewellpsychologycenter.com

Can you do school risk assessment- Yes

Insurance coverage- BCBS, Aetna, Cigna, Tricare, Medicare

Is sliding scale available- Yes

Counseling specialty-

Alexandra Miller Clark, PsyD - family & couple therapy, ACT

Takako "Taki" Komatsuzaki, APN - Medication management

Brittany Wool, LPC - DBT, Anxiety, OCD - children and adults

Heidi Keller, PhD - Adults, workshops for teachers on resilience

John Voltarelli, LAC - CBT for children and adults

Hillary Grennan, LCSW - CBT and ACT

Are emergency services available- Yes

How quickly can patients be seen- Usually within one week with one of our providers

Office hours- Monday through Saturday

Psychiatric affiliate- In-house, Takako Komatsuzaki, APN

Comments- John Voltarelli is Spanish speaking for bilingual parents

Name of Agency- Aligned Therapy Center

Clinician Name- Cara Pagan, LPC, ACS

Megan Burgoyne, LPC, ACS, ADHD-CCSP

Ann-Marie Cupples, LCSW, Certified Trauma Specialist

Jen Litchfield, LAC

Cheyenne Finocchiaro, LAC

Victoria Kish, LPC

Allen Rude, LAC

Credentials/Licensures- See above

Address- 328 S Sparta Ave, Sparta, NJ 07871

Phone- 973-370-9606

E-mail- info@alignedtherapycenter.com

Website- <https://www.alignedtherapycenter.com>

Can you do school risk assessment- N/A

Insurance coverage- Yes- BCBS, Aetna, Cigna, United Health Care, Oscar

Is sliding scale available- Yes

Counseling specialty- Anxiety Based Disorders, ADHD, Trauma

Are emergency services available- No

How quickly can patients be seen- Within 1 week or our earliest convenience

Office hours- Monday- Sunday

Psychiatric affiliate- N/A

Comments- Comprehensive Psychoeducational and ADHD assessments provided

Name of Agency- Atlantic Behavioral Health/Newton Medical Center

Clinician Name- Four outpatient therapists treating children and adolescents

Credentials/Licensures- Licensed Psychologists and Licensed Clinical Social Workers

Address- 175 High Street, Newton NJ 07860

Phone- 1-888-247-1400

E-mail- paul.burns@atlantichhealth.org

Website- www.atlantichhealth.com/newton

Can you do school risk assessment- Yes

Insurance coverage- All Insurances, Medicaid, Charity Care, Medicare

Is sliding scale available- No

Counseling specialty- Adolescent DBT (Dialectical Behavior Therapy), Voices Group and Cognitive Behavior Therapy

Are emergency services available- Yes

How quickly can patients be seen- Immediately

Office hours- MWF 8 AM- 5 PM T&Th 8 AM- 9 PM.

Psychiatric affiliate- Newton Medical Center

Comments-

Name of Agency- Beth Answorth, MSW, LCSW

Clinician Name- Beth Answorth, MSW, LCSW

Credentials/Licensures- LCSW, Certified School Social Worker, Certified Clinical Social Worker Supervisor, Certified Mental Health Screener

Address- 55 Newton-Sparta Road, Suite 101, Newton, NJ 07860

Phone- 973-729-9515

E-mail- bethansworthlcsw@gmail.com

Website-

Can you do school risk assessment- Yes

Insurance coverage- Medicare, Out-of-Network with commercial insurance, HSA

Is sliding scale available- Yes

Counseling specialty- Mental Health (adolescent & adult): Depression, Anxiety, PTSD, BiPolar, etc.

Adolescent issues: harassment, intimidation/bullying, relationship issues, social skills, school behavior issues.

Parenting concerns/family problems/divorce/single parenting.

Chronic medical and terminal illnesses for patients and families, bereavement, grief and ongoing loss.

Christian counseling, spirituality issues.

Are emergency services available- Limited

How quickly can patients be seen- Within 7 days

Office hours- Monday-Friday, 3 pm – 9 pm

Psychiatric affiliate- Newton Medical Center, local psychiatrists and psychiatric APN's

Comments- I am an experienced, empathetic psychotherapist, having worked in mental health, medical, hospice, educational and private practice settings for over 28 years.

Adults, teens, parents, couples and older adults are more than welcome to reach out to me. I have successfully helped parents and families, teens, couples and older adults work through trauma, grief, depression, anger, anxiety, work-related stressors and other issues. I provide a confidential place for you to explore, heal and move forward with your life anew. I offer cognitive-behavioral, solutions-focused models of therapy, as well as Bible-based, Christian counseling for those who are seeking spiritual guidance and healing. There is hope!

Name of Agency- Center for Evaluation and Counseling, Inc (CEC)

Clinician Name- Michael J. Fiore, Ph.D.

Credentials/Licensures- LPC and LCSW mental health professionals on staff

Address- 191 Woodport Road, Suite 209, Sparta, NJ 07871

Address- Morris County- 1719 Route 10 East, Parsippany, NJ 07054

Phone- 973-829-6960

E-mail- jessica.large@centerforeval.org

Website- www.centerforeval.org

Can you do school risk assessment- Yes

Insurance coverage- Aetna, Cigna, Concern, Horizon Blue Cross/Blue Shield, United Healthcare, ValueOptions

Is sliding scale available- Yes (for private insurance clients and supervised visitation)

Counseling specialty- CEC provides outpatient mental health counseling services for children, adolescents, adults, family and couples. Private insurance clients welcomed. CEC conducts forensic, cognitive, psychosexual, psychological risk, fire setter evaluations and substance abuse assessments. CEC's Therapeutic Supervised Parenting Program (TSPP) provides services to children from birth to age 18 who are caught in the middle of custody/parenting disputes who may be "at risk" of harm by non-custodial parents or where mutual parenting arrangements are not available. Parenting sessions must be court ordered.

Are emergency services available- No

How quickly can patients be seen- Within 5 business days

Office hours- M-Th 9 AM- 8 PM, F 9 AM- 5 PM

Psychiatric affiliate- None

Comments-

Name of Agency- Center for Family Services (Formerly Family Intervention Services)

Clinician Name- Ingrid Vaca-Bullaro, LPC

Credentials/Licensures- All clinicians are licensed LSW, LAC, LPC or LCSW

Address- 55 Mill Street, Newton, NJ 07860

Phone- 973-940-0105

E-mail- ingrid.vaca-bullaro@centerffs.org or katherine.acosta@centerffs.org

Website- <https://www.centerffs.org/>

Can you do school risk assessment- No

Insurance coverage- Yes- Medicaid provider for Families with Children under the age of 18

Is sliding scale available- Yes

Counseling specialty- Children/Family Therapy- Adult Outpatient Services

Are emergency services available- Yes

How quickly can patients be seen- Within 2 weeks

Office hours- M-F 9 AM- 5 PM, Evening Hours Available and Saturday (limited)

Psychiatric affiliate- APN available

Comments- Sussex County Outpatient Program is open to any individual-child/youth/adult and/or their families who have Medicaid (NJ Family Care).

Services include:

- Assessment & Evaluation
- Individual, Group and Family Therapy
- Psycho Education Services
- Psychiatric Services via APN for Evaluations and Medication Monitoring
- Linkage and follow-up

Name of Agency- Center for Prevention and Counseling

Clinician Name- see below

Credentials/Licensures- see below

Address- 61 Spring Street, Newton NJ 07860

Phone- 973-383-4787

E-mail- pat@centerforprevention.org

Website- www.centerforprevention.org

Can you do school risk assessment- No

Insurance coverage- Medicaid, Grant funding or Self Pay

Is sliding scale available- Yes

Counseling specialty- Adolescents, Adults, Addiction, Recovery, Specialized Treatment Groups (Co-Occurring Disorders, Anger Management and Trauma)

Are emergency services available- No

How quickly can patients be seen- Within 7-10 days

Office hours- Varied, morning, afternoon, & evening appointments available

Psychiatric affiliate- None on staff, will refer out if necessary

Comments- The Center is staffed by a range of professionals who can treat substance use disorders, and mild to moderate co-occurring mental health disorders. Offering Telehealth counseling services when appropriate.

1. Patricia White, Clinical Supervisor, Clinician, MA, LCADC, CCS
2. Steve Higgins, MA, LPC, LCADC, CCS
3. Ava LaMorte, CADC
4. Deanne Rieger-Pisani, MSW, LSW, LCADC
5. Jenn Wroblewski, MA, LPC
6. Natalie Yanoff-Smith, CADC

Name of Agency- Center for Prevention and Counseling- TAG Program

Clinician Name- Jennifer Wroblewski

Credentials/Licensures- MA, LPC, TAG Coordinator

Address- 61 Spring Street, Newton, NJ 07860

Phone- 973-383-4787

E-mail- jenn@centerforprevention.org

Website- www.centerforprevention.org

Can you do school risk assessment- No

Insurance coverage- Program is free

Is sliding scale available- Program is free

Counseling specialty- The TAG program provides free individual and group psychoeducation, along with case management services to “at risk” or court involved adolescents ages 12 to 21 in Sussex County. Psychoeducational groups include Anger Management/Conflict Resolution, Job Readiness, Life Skills, and Positive Youth Development.

Are emergency services available- No

How quickly can clients be seen- Within 3 days

Office hours- M- Th 9 AM- 8 PM, F 9 AM- 5 PM

Psychiatric affiliate- None

Comments-

Name of Agency- Christopher Belz, Psy.D.

Clinician Name- Christopher Belz, Psy.D.

Credentials/Licensures- NJ Psychology License

Address- 270 Sparta Avenue, Suite 202, Sparta, NJ 07871

Phone- 908-812-3532

E-mail- chrisbelz@gmail.com

Website- christopherbelzpsyd.com

Can you do school risk assessment- No

Insurance coverage- Cigna, Medicaid and Medicare

Is sliding scale available- Yes

Counseling specialty- Families, LGBTQ issues, severe psychiatric issues

Are emergency services available- No

How quickly can patients be seen- Depends on wait list length

Office hours- Mon, Tues 10 am – 8 pm, Wed 2 – 8 pm, Thurs, Fri 10 am – 5 pm

Psychiatric affiliate- None

Comments-

Name of Agency- Emily Brislin, PsyD

Clinician Name- Emily Brislin, PsyD

Credentials/Licensures- Licensed (NJ and PA) Clinical Psychologist

Address- 350 Sparta Ave, C-8 Sparta, NJ 07871

Phone- 973-975-3641

E-mail- emily.e.brislin@gmail.com

Website- www.dremilybrislin.com

Can you do school risk assessment- No

Insurance coverage- BC/BS PPO, Cigna, United HealthCare, Medicare

Is sliding scale available- No

Counseling specialty- Cognitive Behavioral Therapy with ages 16+ including depression, anxiety, relationship difficulties, academic problems; Neuropsychological evaluations for ages 16+ including ADHD evals and learning disabilities.

Are emergency services available- No

How quickly can patients be seen- Within 2 weeks

Office hours- Tuesday/Thursday by appointment

Psychiatric affiliate- None

Comments-

Name of Agency- Empowerment through Self Psychological Counseling, LLC

Clinician Name- Tamara Siegel, MA, LPC

Credentials/Licensures- Licensed Professional Counselor

Address- 58 Big Spring Road, Franklin, NJ 07416

Phone- 973-713-7055

E-mail- tamara@empowermentthroughself.org

Website- www.empowermentthroughself.org

Can you do school risk assessment- No

Insurance coverage- A variety of insurances are accepted, please call to confirm

Is sliding scale available- Yes

Counseling specialty- I treat clients experiencing oncology related issues, anxiety disorders and social phobias, depressive disorders, academic underachievement, anger management, chronic impulsivity, coping skills, emotional disturbance, sleep disorders, self-esteem issues, interpersonal/relationship issues, career problems and challenges, obsessive-compulsive disorders, post-traumatic stress disorder, parenting issues, grief, eating disorders, sexual abuse, family conflicts/issues and more.

Are emergency services available- Yes

How quickly can patients be seen- Within 1-2 days

Office hours- Monday-Friday 12:00 pm – 6:30 pm, Saturday 12:00 pm – 3:00 pm

Psychiatric affiliate- None

Comments-

Name of Agency-

Clinician Name- Eric S. Herschman

Credentials/Licensures- Psy.D. Licensed Psychologist

Address- 46 Main Street, Suite 201 Sparta, NJ 07871, 2 West Hanover Ave, Suite 203,
Randolph, NJ 07869

Phone- 973-983-8321

E-mail- drericherschman@gmail.com

Website- www.drericherschman.com

Can you do school risk assessment- Yes

Insurance coverage- Out of Network

Is sliding scale available- No

Counseling specialty- Children/Adolescents, Parents, Couples, Adults

Are emergency services available- Yes

How quickly can patients be seen- Within 7 days

Office hours- Flexible Monday - Friday

Psychiatric affiliate-

Comments-

Name of Agency- First Light Counseling

Clinician Name- Edward Blevins

Credentials/Licensures- Licensed Professional Counselor (LPC), Licensed Clinical Alcohol and Drug Counselor (LCADC), Approved Clinical Supervisor

Address- 50 Wilson Drive, Sparta, NJ 07871

Phone- 908-669-4976

E-mail- edwardcblevins@gmail.com

Website-

Can you do school risk assessment- No

Insurance coverage- I accept deferred payment through out of network benefits, allowing your families to receive services without expending their limited resources while waiting for reimbursement.

Is sliding scale available- Yes

Counseling specialty- Children and families, substance use, HIB (victim and aggressor), anxiety, anger management, social skills development, grief, and school avoidance

Are emergency services available- No

How quickly can patients be seen- Within 48 hours

Office hours- By appointment

Psychiatric affiliate- No, but good connections for adolescent medication management.

Comments- I'm a genuinely warm and empathetic counselor with 25 years of school based and 20 years of agency and private practice based experience. I am very comfortable providing clinical services for individuals with special needs, as well as for the general population.

Name of Agency- Gia N. Leo, LCSW, LCADC, LLC

Clinician Name- Gia N. Leo

Credentials/Licensures- LCSW, LCADC

Address- 50 Wilson Drive, Sparta, NJ 07871

Phone- 862-268-3101

E-mail- gianicole20@gmail.com

Website- willowtreetherapyservices.com

Can you do school risk assessment- Yes

Insurance coverage- Out of network, Generous sliding scale

Is sliding scale available- Yes

Counseling specialty- Adolescent, Adult, Family

Are emergency services available- Yes

How quickly can patients be seen- Within 24 hours

Office hours- 9 AM – 9 PM

Psychiatric affiliate- Dr. Lee Suckno

Comments- I provide services to adults and adolescents to treat a variety of generalized diagnosis including anxiety, depression, Bipolar diagnosis, substance use treatment, and co-occurring substance use and mental health complexities as well as complex trauma and personality diagnosis. I am psycho dynamically trained, and enjoy working with a varied group of individuals with whom I collaborate and refer. Always open to family participation, school and community supports for better results in the treatment process.

Name of Agency-Ginnie's House Children's Advocacy Center

Clinician Name- Erin Coriston, MSW, LCSW and Melanie Lewis, MSW, LSW

Credentials/Licensures- see above

Address- 4 High Street, Newton NJ 07860

Phone- 973-579-0770

E-mail- info@ginnieshouse.org

Website- www.ginnieshouse.org

Can you do school risk assessment- No

Insurance coverage- None, services are free

Is sliding scale available- N/A

Counseling specialty- Trauma-focused therapy, including TF-CBT and EMDR

Are emergency services available- No

How quickly can patients be seen- Currently no waitlist. First session can be scheduled upon intake completion.

Office hours- Monday-Friday, hours vary

Psychiatric affiliate- N/A

Comments- Trauma-focused therapy ages 3-18. Must be exhibiting symptoms of PTSD to be eligible for services.

Name of Agency- Human First Counseling Services, LLC

Clinician Name- Owners: Laura Gattuso, LPC, ACS, CEDS and Renata Rybalova, LPC, ACS
- Our agency has 15

Credentials/Licensures- LPC, ACS

Address- 39 Kennedy Road, Suite 39A, Andover, NJ 07821

Phone- 862-284-7187

E-mail- intake@humanfirstcounselingservices.com

Website- <https://humanfirstcounselingservices.com>

Can you do school risk assessment- No

Insurance coverage- Yes, all major insurances other than Medicaid

Is sliding scale available- Yes

Counseling specialty- Therapists have a variety of specialties including (MDD, Anxiety, OCD, Eating Disorders (one therapist only), life transitions, couples and relationships

Are emergency services available- No

How quickly can patients be seen- Depends, but if we have availability within a week

Office hours- M-F 9 am – 8 pm (Generally, we do not have a receptionist, that is when clinicians are holding sessions)

Psychiatric affiliate- No

Comments- Let me know if you have any other questions

Name of Agency- Jeanne Smetana, LCSW

Clinician Name- Jeanne Smetana

Credentials/Licensures- NJ Licensed Clinical Social Worker, Certified School Social Worker

Address- 46 Main Street, Suite 201, Sparta NJ 07871

Phone- 973-729-9522

E-mail- smetanalcs@gmail.com

Website- None

Can you do school risk assessment- No

Insurance coverage- Out-of-Network

Is sliding scale available- Yes

Counseling specialty- Children, Adolescents, Families. Full continuum of mental health disorders. Parenting and family problems. Learning disabilities, developmental disabilities, school and behavioral problems. Collaborations with CST, Guidance, and SAC.

Are emergency services available- No

How quickly can patients be seen- Within 2 weeks

Office hours- Tuesdays and Thursdays

Psychiatric affiliate- Dr. Debra Koss

Comments- Telehealth therapy available

Name of Agency- Kris H. Imbrie

Clinician Name- Kris H. Imbrie

Credentials/Licensures- LCSW, DVS

Address- 3 Theater Center, Sparta NJ 07871

Phone- 973-729-3722

E-mail- kipie52@gmail.com

Website- www.healingforchange.vpweb.com

Can you do school risk assessment- No

Insurance coverage- Accept all insurances with Out-of-Network benefits

Is sliding scale available- Yes

Counseling specialty- Children, Adolescents, Trauma, Domestic Violence, EMDR certified Level II, Energy Psychology

Are emergency services available- Yes

How quickly can patients be seen- Within 7 days

Office hours- MWF 11 AM- 7:30 PM, Sat 9 AM- 4 PM

Psychiatric affiliate-

Comments- I specialize in "difficult" students. I believe many students have been effected by traumatic experiences in their lives and are struggling to manage very difficult residual dysregulated feelings in their bodies. My approach is 3 pronged: #1 Traumatic resolution work, #2 Body Awareness, #3 Developing a personal "Toolkit" to handle those difficult feelings. These methods may help to avoid the pitfall of the psychiatric diagnosis and medication cycle. This work is especially important for young people who might tend to use substances, cutting, sexual acting out etc.... to deal with their overwhelming feelings. Empowering them now with effective tools can help give them a leg up to a healthy, productive and satisfying future.

Name of Agency-

Clinician Name- Kristy Lavin, LCSW

Credentials/Licensures- Licensed Clinical Social Worker- Adolescent and Family
Psychotherapist

Address- 225 Rt 23 N, Hamburg, NJ 07419

Phone- 973-250-2367

E-mail- klavintherapy@yahoo.com

Website-

Can you do school risk assessment- No

Insurance coverage- Out of network provider

Is sliding scale available- Yes

Counseling specialty- Trauma, Depression, Anxiety, Mood Disorders, Family Issues,
Coping with Divorce. Individual and Family therapy offered

Are emergency services available- No

How quickly can patients be seen- Depends on if I am booked.

Office hours- Sunday "in person"/Monday virtual

Psychiatric affiliate-

Comments-

Name of Agency- Lakeside Counseling Associates

Clinician Name- Owners: Melissa Pirnos and Danah Rumble. We are staffed with 60 additional clinicians.

Credentials/Licensures- LPC, LMFT, LCSW, LAC, MFT, LSW

Address- We have four locations, three in Sparta and one in Newton

Main address: 19 Fisher's Lane, Unit E, Sparta, NJ 07871

Phone- 973-726-4533

E-mail- drumble@lcatherapy.com, mpirnos@lcatherapy.com

Website- www.lakesidecounselingassociates.com

Can you do school risk assessment- Yes

Insurance coverage- All major insurance plans are accepted. We do not accept Medicaid.

Is sliding scale available- Yes

Counseling specialty- Over 60 clinicians on staff that provide various treatments and have different specialties.

Are emergency services available- N/A

How quickly can patients be seen- Within a few days for a regular appointment for psychotherapy. Same day for appropriate risk assessment referral.

Office hours- 8:30 am – 8:30 pm Monday – Friday. 8:30 am – 4:30 pm on Saturdays. Closed on Sundays.

Psychiatric affiliate- We have several psychiatrists we use as referrals.

Comments-

Name of Agency- Leslie B. Malnak

Clinician Name- Leslie B. Malnak

Credentials/Licensures- MSW, LCSW, LCADC

Address- 67 Route 15 South, Lafayette, NJ 07848

Phone- 973-586-2548

E-mail- lesliemalnak@gmail.com

Website- None

Can you do school risk assessment- Yes

Insurance coverage- Out of Network only

Is sliding scale available- Yes

Counseling specialty- Adolescents, Substance abuse, Family

Are emergency services available- Yes

How quickly can patients be seen- Within 3 days

Office hours- During the school year M, W, Th, F afterschool and Sat mornings. Flexible in summer

Psychiatric affiliate- None

Comments- I have the ability to do urine testing. I have a number of self-harm clients. I do not work with eating disorders. I am also available to speak/do trainings on substance abuse, parenting, self-care and other topics.

Name of Agency-Mindful Living Counseling Services, LLC

Clinician Name- Mary Helen Kellam

Credentials/Licensures- LPC, EMDR certification

Address- 17 Woodport Road, Suite 2D, Sparta, NJ 07871

Phone- 201-317-4539

E-mail- mindful.living.counselor@gmail.com

Website- Psychology Today

Can you do school risk assessment- No

Insurance coverage- In network with Cigna

Is sliding scale available- Possibly

Counseling specialty- Grief, Trauma

Are emergency services available- No

How quickly can patients be seen- Within a week

Office hours- 3:00 pm until 6:00 pm, Monday - Thursday

Psychiatric affiliate- None

Comments- I am also a Divorce Mediator

Name of Agency- Mindful Wellbeing LLC

Clinician Name- Gina Marra

Credentials/Licensures- MA, LPC, ACS

Address- 328 Sparta Avenue

Phone- 973-975-5332

E-mail- ginamarrallc@gmail.comg

Website- <https://www.psychologytoday.com/us/therapists/gina-marra-wachtel-sparta-nj/489044>

Can you do school risk assessment- No

Insurance coverage- All major health insurances: Horizon Blue Cross/Blue Shield, Aetna, Cigna, Optum, Oxford, United Healthcare

Is sliding scale available- Yes

Counseling specialty- Teens and Adults, Specialize in grief, anxiety and depression, marital conflict, family dynamic conflict

Are emergency services available- No

How quickly can patients be seen- Within 48 hours

Office hours- 9-7 pm

Psychiatric affiliate-

Comments-

Name of Agency- NewBridge Services

Clinician Name- Susan Baron, LCSW

Credentials/Licensures- LCSW, LCADC, LSW, APN

Address- 70 Sparta Avenue, Suite 104 Sparta, NJ 07871

Phone- 973-726-0697

E-mail- services@newbridge.org

Website- www.newbridge.org

Can you do school risk assessment- No

Insurance coverage- Medicaid, Medicare, Horizon Blue Cross Blue Shield, Aetna, Cigna, United Healthcare

Is sliding scale available- No

Counseling specialty- Children, adolescents, adults and seniors. Focus on mental health and co-occurring disorders; individual, family, psychiatric services; trauma-focused, wellness and recovery; and medication monitoring. Children's medication monitoring is managed out of Parsippany office (telehealth available).

Are emergency services available- No

How quickly can patients be seen- Varies, 1-2 months

Office hours- M-Th 9 AM – 9 PM, F 9 AM – 5 PM.

Psychiatric affiliate- APN on staff for adults. Children's medication monitoring is managed out of Parsippany office (telehealth available).

Comments- Access to services is through the NewBridge Access Department (phone number above). A specialist speaks with each person seeking assistance to understand their immediate need, and to connect them with a clinician to arrange the initial meeting.

Name of Agency- New HOPE Counseling Services

Clinician Name- Lisa Frisbie

Credentials/Licensures- LPC, EMDR-C

Address- Lafayette Professional Building, 168 Route 15 North, Lafayette, NJ 07848

Phone- 973-903-3215

E-mail- newhopecounselingservicesllc@gmail.com

Website-

Can you do school risk assessment- No

Insurance coverage- Out of Network Provider

Is sliding scale available- Limited

Counseling specialty- ADULTS ONLY; parenting, trauma, life transitions (divorce/job/etc), relationships, anxiety, grief/loss

Are emergency services available- No

How quickly can patients be seen- Dependent on availability

Office hours- Tuesday in person, Wednesdays virtual

Psychiatric affiliate-

Comments- With over 30 years of experience in the field of education, my private practice focuses on assisting PARENTS through their own life challenges and supporting their parenting challenges in the process.

Name of Agency-Newton Medical Center- Psychiatric Emergency Services

Clinician Name- Denise Merusi-King

Credentials/Licensures- M.A., Certified Mental Health Screener

Address- 175 High Street, Newton NJ 07860

Phone- 973-383-0973

E-mail- denise.merusi-king@atlantichhealth.org

Website- Atlantic Health System > Behavioral Health > Crisis Intervention

Can you do school risk assessment- Yes

Insurance coverage- Yes

Is sliding scale available- Yes

Counseling specialty- Psychiatric Emergency Risk Assessment

Are emergency services available- Yes

How quickly can patients be seen- Immediately

Office hours- 24 Hours

Psychiatric affiliate- On staff

Comments-

Name of Agency- North Jersey Counseling Associates, LLC

Clinician Name- Deborah Kopko Vitale, MS, PhD, BCC, MFT, NCC, LPC, LCADC, ACS, LPC-MH

Credentials/Licensures- MS, PhD, BCC, MFT, NCC, LPC, LCADC, ACS, LPC-MH

Address- 804 Rt. 517, Glenwood, NJ 07418 and telehealth in NJ and DE

Phone- 973-764-8845

E-mail- northjerseycounseling@yahoo.com

Website- northjerseycounseling.com

Can you do school risk assessment- Yes, if current SI/HI, recommend ER assessment

Insurance coverage- Participate in BCBS, United Behavioral Health, Optum, Optum Medicare Advantage, Oxford, Cigna, Out of Network for Aetna and others. Does not participate in Medicaid.

Is sliding scale available- N/A

Counseling specialty- Trauma, Anxiety, OCD, Co-dependency (Personality Disorders), ADHD, Bi-polar Disorder, Addiction, Family Systems Co-occurring Disorders

Are emergency services available- No

How quickly can patients be seen- Within the week

Office hours- M, T, W 10 am – 7 pm, Thurs 10 am – 1 pm

Psychiatric affiliate- Newbridge Services Inc., Bridgeway Behavioral Services

Comments-

Name of Agency- Paul Rockwood, Ph.D

Clinician Name- Paul Rockwood

Credentials/Licensures- Ph.D, LCSW, LMFT

Address- 350 Sparta Ave. C-8, Sparta, NJ 07871

Phone- 973-729-1966

E-mail- prockwo@gmail.com

Website- www.drpaulrockwood.com

Can you do school risk assessment- Yes. I worked on CST and as a Crisis Counselor for many years in the school setting

Insurance coverage- I am on numerous panels

Is sliding scale available- Yes

Counseling specialty- Adolescents exhibiting behavior problems, substance abuse, Asperger symptoms, social skills issues, and IEP-504 issues: Marriage and Family Therapy

Are emergency services available- Can be called or texted 24/7

How quickly can patients be seen- Patients can be seen within 24 hours or same day, if necessary

Office hours- Monday- Thursday 12PM- 9 PM

Psychiatric affiliate- D. Drumm, J. Blanchard, and L. Suckno

Comments- I have been working with children, adolescents and families all my career in the public school setting, mental health settings and in my private practice. I utilize principals of Cognitive, Reality and Family Systems therapy.

Name of Agency- Psychological Associates of North Jersey, LLC

Clinician Name- Jamie Walsh

Credentials/Licensures- LCSW, LCADC

Address- 39 C Newton Sparta Road, Andover Twp., NJ 07860,

Phone- 908-979-1144

E-mail-

Website-www.psychassocnj.com

Can you do school risk assessment- No

Insurance coverage- Yes

Is sliding scale available- Yes

Counseling specialty- Children, Adolescents, & Adults covering an array of mental health concerns

Are emergency services available- No

How quickly can patients be seen- Within 2 weeks

Office hours- Monday- Friday

Psychiatric affiliate-N/A

Comments- Psychological Associates of North Jersey, or PANJ, is a private multi-disciplinary partnership of licensed psychologists, clinical social workers and other mental health professionals. We, at PANJ, are dedicated to providing the highest quality of psychological services for children, adolescents and adults in a confidential, compassionate and professional private practice setting.

Name of Agency-

Clinician Name- Rosemary A. Menger, LPC, LCADC

Credentials/Licensures- LPC, LCADC

Address- 21 Main Street, Sparta NJ 07871

Phone- 908-852-1324 (Office), 973-903-9483 (Cell)

E-mail- rmenger@centurylink.net

Website-

Can you do school risk assessment- Yes

Insurance coverage- Yes with the exception of Medicaid and Medicare

Is sliding scale available- Yes

Counseling specialty- Grief, Depression, Anxiety, ADHD, Post Traumatic Stress, Eating Disorders

Are emergency services available-

How quickly can patients be seen- Within 48-72 hours

Office hours- MWF- 9 am – 4 pm, TTH- 1 pm – 4 pm, Sat- 9:15 am – 2 pm,
Sun- 9:30 am – 12:30 pm

Psychiatric affiliate- I have several I will refer to if necessary

Comments-

Name of Agency- Highland Psychiatric Associates and J&J Healthcare

Clinician Name- Sanjeevani Jain

Credentials/Licensures- MD

Address- 70 Sparta Avenue, Suite 206-208, Sparta, NJ 07871, and 1575 Route 517,
Building B, Suite 300 Hackettstown, NJ 07840

Phone- 973-729-2991- Sparta 908-852-4084- Hackettstown

E-mail- highlandspychiatric@gmail.com Sparta location and
sanjeevanijainmd@gmail.com Hackettstown location

Website- None

Can you do school risk assessment- Yes

Insurance coverage- QualCare

Is sliding scale available- No

Counseling specialty- Psychiatric evaluation, diagnosis, and medication management,
ADHD testing. Children, adolescents, and adults

Are emergency services available- Yes

How quickly can patients be seen- Within 24 Hours

Office hours- M-F Morning, Afternoon, and Evening appointments available

Psychiatric affiliate-

Comments-

Name of Agency- Self-employed in private practice

Clinician Name- Shirley de Knecht-Kuzik, LCSW, LCADC

Credentials/Licensures- LCSW, LCADC

Address- 270 Sparta Avenue, Suite 104, PMB 120, Sparta, NJ 07871

Phone- 973-945-1322

E-mail- sdeknechtkuzik@gmail.com **Please note: No e-mails to request services.

Request for services by phone call only

Website- <https://www.psychologytoday.com/us/therapists/shirley-de-knecht-kuzik-sparta-nj/129048>

Can you do school risk assessment- No

Insurance coverage- Partnered with multiple insurance companies.

Is sliding scale available- Yes, with proof of income

Counseling specialty- Depression, Anxiety, Trauma, Addiction, Family Issues, Grief

Are emergency services available- No

How quickly can patients be seen- Within 2 days of insurance verification

Office hours- Monday – Thursday, 10 am – 6 pm

Psychiatric affiliate- None

Comments- Currently, all services are provided via telehealth only

Name of Agency- Silver Lining Services

Clinician Name- Christine Webber, LCSW

Katy Szatkiewicz, LPC

Brianna Wamback, LCSW

Katie Ravielli, LCSW

Credentials/Licensures- (see above)

Address- 60 Glen Road, Sparta

Phone- 862-342-3453

E-mail- chrissyikoening@gmail.com

Website- www.silverliningservicesnj.com

Can you do school risk assessment- No

Insurance coverage- Blue Cross/Blue Shield, Aetna

Is sliding scale available- Yes

Counseling specialty- Children, Adolescents, Anxiety Disorders, ADHD, ASD, OCD, Depression, Self-Injury, Trauma, PTSD, School Issues, Behavior Issues, Family Conflict, Parent Coaching

Are emergency services available- No

How quickly can patients be seen- Within 1 week

Office hours- Daytime and after school hours, some weekends

Psychiatric affiliate- None

Comments-

Name of Agency- Skylands Wellness, LLC

Clinician Name- Nicole Bolognini, LCSW (owner); Jessica Gallego, LCSW; Melany Jimenez, LCSW, Chamomile Balzano, LCSW; Rivka Herson, LSW

Credentials/Licensures- LCSW (Some providers EMDR trained/certified and/or PMH-C)

Address- 16 Church Street, Newton, NJ and 1850 US Highway 46, Ledgewood, NJ and Virtual appointments available

Phone- 973-527-4539

E-mail- nicole@skylandswellness.com

Website- www.skylandswellness.com

Can you do school risk assessment- Yes (we do not do assessments when the risk is threat of harm to others)

Insurance coverage- Out of Network; Insurance benefits estimates and courtesy billing available

Is sliding scale available- Yes, limited sliding scale slots available

Counseling specialty- Family Issues, Teens, Children, Perinatal/Postpartum issues, Trauma

Are emergency services available- No

How quickly can patients be seen- Usually within 1 week

Office hours- Monday to Thursday 9 am to 8 pm; Friday 9 am to 2 pm

Psychiatric affiliate- Referrals provided

Comments- Skylands Wellness offers individual, couples and family counseling, as well as groups and workshops on topics related to child and family well-being.

Name of Agency- St. Clare's Hospital

Clinician Name- Nina Kooper

Credentials/Licensures- MA, CSW Operations Manager Behavioral Health Evaluation and Referral Services and Case Management Departments

Address- 130 Powerville Road, Boonton, NJ 07005

Phone- 888-626-2111 for appointments or call Nina Kooper at 973-316-1977

E-mail- ninakoooper@primehealthcare.com

Website- www.saintclares.org

Can you do school risk assessment- Yes

Insurance coverage- Yes. Not in network with United Health Care, Optum, Oxford, GHI, PHS, NJ Carpenters Health Fund and some TriCare up to this date.

Is sliding scale available- No

Counseling specialty- Intakes for children through geriatric population

Are emergency services available- Yes

How quickly can patients be seen- Most same day appointments for level of care evaluation or risk assessment for schools or within 24 hours

Office hours- 8:30 AM – 6 PM Closed holidays and weekends

Psychiatric affiliate- On Staff

Comments- We now have 100 school contracts in Morris, Sussex and Essex Counties to do risk assessments.

Name of Agency-Strength for Change, LLC

Clinician Name- Paul DePinto and Bernie Ivin

Credentials/Licensures- LCSW, LPC

Address- 22 Howard Blvd. Suite 101, Mount Arlington, NJ 07856

Phone- 973-770-7600

E-mail- strengthforchange@verizon.net

Website- www.strengthforchange.com

Can you do school risk assessment- Yes

Insurance coverage- Out-of-Network

Is sliding scale available- No

Counseling specialty- Adolescents and Adults struggling with a wide array of life difficulties including depression, anxiety, substance abuse, ADHD/ODD and personality issues.

Are emergency services available- No

How quickly can patients be seen- Within 7 days

Office hours- M-F 9 AM- 10 PM, weekend appointments available

Psychiatric affiliate- Katherine Feingold, Lee Suckno, Bruce Friedma, and Salvatore Moreno

Comments- Please visit our website for detailed information on clinicians and services.

Name of Agency-

Clinician Name- Susan Herschman

Credentials/Licensures- Psy.D. Licensed Psychologist

Address- 2 West Hanover Avenue, Suite 203, Randolph, NJ 07869

Phone- 973-983-8321

E-mail- susanherschman@gmail.com

Website- www.psychologistsusanherschman.com

Can you do school risk assessment- Yes

Insurance coverage- Out of Network

Is sliding scale available- No

Counseling specialty- Children/Adolescents, Parents, Adults, Couples, Family

Are emergency services available- Yes

How quickly can patients be seen- Within 1 week

Office hours- Flexible Monday - Friday

Psychiatric affiliate-

Comments-

Name of Agency- Sussex County Child and Family Counseling

Clinician Name- Charles J. Carroll

Credentials/Licensures- L.C.S.W.

Address- 101 Main Street, Suite 1 Sparta, NJ 07871

Phone- 973-729-6333

E-mail- cjcarrolljr@yahoo.com

Website- None

Can you do school risk assessment- No

Insurance coverage- Most Horizon plans, Cigna, many union plans

Is sliding scale available- Yes

Counseling specialty- Families and children, AD/HD, Behavior disorders and Social Development Issues

Are emergency services available- No

How quickly can patients be seen- Within 48 hours

Office hours- M-F 9 AM- 7 PM, Sat 8 AM- 2 PM (excluding summers)

Psychiatric affiliate- Robert M. Parinello, M.D.

Comments-

Name of Agency- The Family Center for Behavioral Health

Clinician Name- Dr. Bob DeYoung

Credentials/Licensures- Licensed in Pennsylvania and New York (LPC/LMHC),
Credentialed Alcohol and Substance Abuse Counselor, as well as Gambling Counselor,
and OASAS Approved DWI Evaluator (NY)

Certified in Biofeedback (BCIA), EMDR, and Heart Rate Variability Training (HRV)

Certified Marriage & Family Therapist

Certified Advanced Graduate Studies (CAGS) in Cognitive Behavior Therapy (PCOM)

Address- 104 West High Street, Milford, PA, 18337

Phone- 570-296-3825

E-mail- rrdy123@yahoo.com

Website- www.drbbobdeyoung.com

Can you do school risk assessment- Yes, I have completed many throughout the years-
usually within several days to one week of referral

Insurance coverage- Out of Network Coverage

Is sliding scale available- Regular fee is \$150 per 1 hour session (a bit more for
evaluations), and in extreme case, I'll provide a sliding scale.

Counseling specialty- I have been in the Mental Health field since 1978, and I'm
credentialed/certified in Marriage and Family Therapy, CBT, EMDR, HRV, Hypnosis,
Alcohol/Substance Abuse, Gambling, Biofeedback, etc.

Are emergency services available-

How quickly can patients be seen- Within 1 to 2 weeks

Office hours- M-F 9 AM-8 PM, Sat 8 AM- 2 PM

Psychiatric affiliate- None

Comments- I am not affiliated with any other professionals, and I am in private practice-
full time, so arranging appointments within a reasonable time is not a problem.

Name of Agency- Tree House Therapy Services, LLC

Clinician Name- Gina Adone, PsyD and Jessica Platt, PhD

Credentials/Licensures- Licensed Clinical Psychologists

Address- 225 Route 23 North, Hamburg NJ and 50 Wilson Drive, Sparta NJ

Phone- 973-864-2800

E-mail- gmlamana@yahoo.com

Website- www.treehousetherapy.org

Can you do school risk assessment- Yes

Insurance coverage- Medicaid for children only, rest are Out of Network

Is sliding scale available- Yes

Counseling specialty- Children and families, trauma and women's health

Are emergency services available- Varies

How quickly can patients be seen- Varies

Office hours- Varies

Psychiatric affiliate- None

Comments-

Name of Agency- True Colors for Creative Therapy LLC

Clinician Name- Jennifer Whitlock

Credentials/Licensures- MA, Licensed Professional Counselor licensed in NJ and PA

Address- Located in Easton, PA. Do telehealth only

Phone- 973-222-3750

E-mail- jen@jenwhitlock.com

Website-

Can you do school risk assessment-

Insurance coverage- Aetna, Ambetter, AmeriHealth, Anthem, Blue Cross and Blue Shield, Braven Medicare, Capital Blue Cross, Carelon Behavioral Health, Cigna and Evernorth, Geisinger, Highmark, Horizon Blue Cross and Blue Shield, Humana Medicare Advantage NJ, Humana Medicare Advantage PA, Independence Medicare Advantage, Medicare, Optum, Oscar Health, Oxford, Quest Behavioral Health, The Health Plan (PA), United Medical Resources (UMR), United Healthcare UHC/UBH, Out of Network

Is sliding scale available- Yes

Counseling specialty- Transgender, Bipolar, LGBT+

Are emergency services available- No

How quickly can patients be seen- Within a day

Office hours- 11 am – 7 pm, weekdays

Psychiatric affiliate- None

Comments-

Name of Agency-Vernon Counseling Services

Clinician Name- Patricia DeCoste

Credentials/Licensures- LPC, LCADC

Address- 529 Route 515, Suite 204, Vernon, NJ 07462

Phone- 973-557-6242

E-mail- patdecoste@gmail.com

Website- None

Can you do school risk assessment- No

Insurance coverage- We take insurance or self-pay

Is sliding scale available- Yes

Counseling specialty- Adolescents, Adults, Families. Mental health issues including depression, anxiety, OCD, trauma, self-injury, school refusal, substance abuse issues including evaluations and co-dependency issues. EMDR certified.

Are emergency services available- No

How quickly can patients be seen-

Office hours-

Psychiatric affiliate-

Comments-

Name of Agency-Willow Tree Therapy Services, LLC

Clinician Name- Multiple clinicians with varying degrees

Credentials/Licensures- Ph.D., LPC's, LMFT's, LCSW's, and LCADC's

Address- 50 Wilson Drive, Sparta, NJ 07871

Phone- 973-903-5431

E-mail- intake@willowtreetherapyservices.com

Website- <https://www.willowtreetherapyservices.com/>

Can you do school risk assessment- No

Insurance coverage- Out of network, generous sliding scale

Is sliding scale available- Yes

Counseling specialty- Family, child, adolescent, adult, couples

Are emergency services available- Yes

How quickly can patients be seen- 24 hours

Office hours- 8 AM – 10 PM

Psychiatric affiliate- Advanced Behavioral Counseling Northern New Jersey- Deborah Drumm

Comments- We offer a wide range of mental health and substance use services. In addition we have specialized trauma treatment, couples therapy, and child play therapy from age 3+. We have several highly skilled clinicians, both full time and part time. We are an Intoxicated Drivers Resource Center affiliate and also specialize in substance use treatment, evaluations and urine drug screens for children and adults. Someone will answer your call immediately and address individualized needs on a case by case basis. We can provide safe and comfortable in person therapy as well as telehealth to suite any individual or family need. If we cannot assist someone, we will refer to the community therapists that we are familiar with that can work with a particular issue.

Name of Agency-Your Path to Grow Therapy Services

Clinician Name- Katy Szatkiewicz

Credentials/Licensures- LPC

Address- 51 US 206, Augusta, NJ

Phone- 240-782-6484

E-mail- yourpathtogrowllc@gmail.com

Website- [Your Path to Grow](#)

Can you do school risk assessment- No

Insurance coverage- Yes, Aetna, Horizon, United (Optum), Oxford (Optum), Oscar (Optum), Providence Health Plan, Carelon Behavioral Health, Independence Blue Cross Pennsylvania, Cigna

Is sliding scale available- Yes

Counseling specialty- Individual, Family, 6 yo- 65 yo, Parent Consults, ADHD, Autism, Anxiety, Depression, Life transitions/Changes

Are emergency services available- No

How quickly can patients be seen- days or weeks

Office hours- Wednesday and Thursday in-person, Monday virtual

Psychiatric affiliate-N/A

Comments-

Sussex County Resource Numbers

For Adolescent Substance Abuse Treatment

Ambulance/Police/Overdose	911
Helpline (NJ Residents)	211
Al-Anon/Alateen Information Service of Northern NJ	973-744-8686
ASPIRE Adolescent Counseling Center (Pompton Plains)	973-737-8400
Carrier Clinic (detox/in-patient)	800-933-3579
Children's Mobile Response (Crisis)/Performcare	1-877-652-7624
Center for Prevention and Counseling **24/7 Helpline	973-383-4787 844-SC-CLEAR
Guardian Recovery (adolescent in-patient)	888-789-5350
High Focus, Parsippany, NJ (adolescent/adult services)	800-877-3628
Narcotics Anonymous	800-992-0401
New Bridge Services (adolescent/adults services)	888-746-9333
New Chapter Recovery (adolescents/adults services)	551-383-3372
New Hope Integrated Behavioral Health (adolescent in-patient)	800-705-4673
New Life Recovery (adult)	973-728-7788
Newton Medical Center Behavioral Health (adolescent/adult services)	973-383-1533
Newton Psychiatric Emergency Services	973-383-0973
Partnership to End Addiction	877-652-7624
ReachNJ Addiction Helpline	844-REACH-NJ
SAMHSA National Helpline	800-662-HELP (4357)
St. Clare's Children's Crisis Intervention Services	973-316-1982
Summit Oaks Hospital (adolescent in-patient)	800-753-5223/908-522-7071
Sussex County Division of Community and Youth Services	973-940-5200 ext. 1383
Sussex County Narcotic Task Force	973-948-2345

Sussex County Coalition for Healthy & Safe Communities

A program of the Center for Prevention and Counseling, 61 Spring St., Newton, NJ 07860

973-383-4787; info@centerforprevention.org; www.centerforprevention.org